

# The M.B.C. Club Dance

COPPER KNOB  
BY STEPHEN

拍数: 96                      墙数: 2                      级数: Advanced  
编舞者: Ilona van der Wansem (NL)  
音乐: Betty's Got A Bass Boat (Dance Mix) - Pam Tillis



You start the dance after 4 counts after the four bass-beats! (So start the dance after 8 counts)  
Ilona won with this dance at the World Championships in Nashville 1998 the Best Choreographer title.  
Holland thinks she did a great job so we hope that you will have fun with this dance.

## KICK & CROSS - FUNKY STEP

- 1&2                      Kick right out to the right side, & step with right a little bit to the right, cross your left over your right
- 3&4                      Kick right out to the right side, & step with right a little bit to the right, cross your left over your right
- 5&6                      Kick right out to the right side, & step with right a little bit to the right, cross your left over your right
- 7-8                      Make an unwind turn ( $\frac{1}{2}$ ) to the right, hold and clap (facing backwards)
- 9&                      Step forward with your right, & swivel both heels to the right
- 10&                      Swivel both heels back to center, & lift your right knee up
- 11-12                      Step out to the right with your right, close left next to right together with clap
- 13-16                      Repeat counts 9-10 with your left

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- 13-16                      Repeat counts 9-10 with your left !!!!

## KICK & CHANGE, STEP, HOLD, CLAP

- 1-4                      Kick forward with your right, & step backwards on your right, step forward with left, step forward with right, hold and clap
- 5-8                      Kick forward with your left, & step backwards on your left, step forward with right, step forward with left, hold and clap

## TOUCH, TOUCH, JUMP, JUMP

- 9                      Touch right forward on the left diagonal
- 10                      Touch right out to the right side
- 11                      Switch your weight on to your right and touch your left out to the left side (jump)
- 12                      Switch your weight on to your left and touch your right out to the right side (jump)

## ROCK STEP, DRAG STEP, ROLLING KNEES, $\frac{1}{4}$ TURN

- 13-14                      Rock forward on your right, replace left
- 15-16                      Drag step to the right side, close left next to right

- 1-2 Roll right knee, roll left knee (in)  
3-4 Step forward with your right, make  $\frac{1}{4}$  to the left

**SHUFFLE, ROCK STEP, SHUFFLE, ROCK STEP, SHUFFLE ROCK STEP**

- 5-8 Shuffle forward with right, rock step left, replace right  
9-12 Shuffle backwards with left together with  $\frac{1}{2}$  to the left, rock step right, replace left (facing 9:00)  
13-16 Shuffle backwards with right together with  $\frac{1}{4}$  to the right, rock step left, replace right (facing forward)

**STEP DIAGONAL, HIPS, STEP DIAGONAL HIPS, KICK & CHANGE, STEP, HOLD, CLAP**

- 1-2 Step left on left diagonal (facing body 2:00), push left hip twice to the left  
3-4 Step right on right diagonal (facing body 10:00), push right hip twice to the right  
5-8 Kick forward with your left, & step backwards on your left, step forward with right, step forward with left, hold and clap  
9-12 Kick forward with your right, & step backwards on your right, step forward with left, step forward with right, hold and clap

**ROCK STEP, SHUFFLE  $\frac{1}{2}$  TURN**

- 13-14 Rock step with left, replace right  
15-16 Shuffle backwards with left together with  $\frac{1}{2}$  turn to the left (facing backwards)

**DRAG STEP  $\frac{1}{4}$  TURN, ROLLING KNEES, ROCK STEP FORWARD, ROCK STEP BACK,  $\frac{1}{4}$  TURN  $\frac{1}{4}$  TURN**

- 1-2 Make a drag step with your right together with  $\frac{1}{4}$  turn to the left, left close next to right (facing 3:00)  
3-4 Roll right knee, roll left knee (in)  
5-6 Step out to right side with right, left touch next to right together with a clap  
7-8 Step out to left side with left, right touch next to left together with a clap  
9-10 Rock step forward with right, replace left  
11-12 Rock step backwards with right, replace left  
13-14 Step forward with right, make  $\frac{1}{2}$  turn to the left  
15-16 Step forward with right, make  $\frac{1}{2}$  turn to the left (facing 9:00)

**REPEAT**

As you start the dance again you face backwards so you have to make  $\frac{1}{8}$  turn to the left as you start with the kick.

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