

Mayo In Memphis

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Tony Cross (UK)
音乐: Cinco de Mayo in Memphis - Jimmy Buffett



CROSS, SIDE, BEHIND, SWEEP, BEHIND, SIDE, CROSS, SWEEP

1-2 Cross right over left, step left to side
3-4 Step right behind left, sweep left out and round behind right
5-6 Step left down and behind right, step right to side
7-8 Cross left over right, sweep right out and round in front of left

CROSS, BACK, ROCK, BACK, RECOVER, RIGHT SHUFFLE, STEP, PIVOT ½ TURN

1-2 Cross right over left, step back on left
3-4 Rock back on right, recover onto left
5&6 Step forward on right, step left beside right, step forward on right
7-8 Step forward on left, pivot ½ turn right (6:00)

CROSS, SIDE, BEHIND, SWEEP, BEHIND, SIDE, CROSS, SWEEP

1-2 Cross left over right, step right to side
3-4 Step left behind right, sweep right out and round behind left
5-6 Step right down and behind left, step left to side
7-8 Cross right over left, sweep left out and round in front of right

CROSS, BACK, ROCK BACK, RECOVER, LEFT SHUFFLE, STEP, PIVOT ¼ TURN

1-2 Cross left over right, step back on right
3-4 Rock back on left, recover onto right
5&6 Step forward on left, step right beside left, step forward on left
7-8 Step forward on right, pivot ¼ turn left (3:00)

CROSS SHUFFLE, CHASSE LEFT, ROCK BACK, RECOVER, CHASSE RIGHT

1&2 Cross right over left, step left to side, cross right over left
3&4 Step left to left, step right beside left, step left to left
5-6 Rock back on right, recover onto left
7&8 Step right to right, step left beside right, step right to right

TOUCH BEHIND, ½ TURN LEFT, RIGHT SHUFFLE, ROCK FORWARD, RECOVER, COASTER STEP

1-2 Touch left toe back, pivot ½ turn left transferring weight to left (9:00)
3&4 Step forward on right, step left beside right, step forward on right
5-6 Rock forward on left, recover onto right
7&8 Step back on left, step right beside left, step forward on left

ROCK FORWARD, RECOVER, SHUFFLE ½ TURN RIGHT, ROCK FORWARD, RECOVER, COASTER STEP

1-2 Rock forward on right, recover onto left
3&4 Shuffle ½ turn right stepping right left right (3:00)
5-6 Rock forward on left, recover onto right
7&8 Step back on left, step right beside left, step forward on left

RIGHT AND LEFT JAZZ BOXES WITH SCUFFS

1-2 Cross right over left, step back on left
3-4 Step right to side, scuff left beside right

5-6 Cross left over right, step back on right
7-8 Step left to side, scuff right beside left

REPEAT
