

Matador

拍数: 36 墙数: 4 级数:
编舞者: Roy Rakeshaw
音乐: The Matador - Sylvia



Start with hands on hips

- 1-2 Right heel touch forward, right foot close to left
3-4 Left heel touch forward, left heel close to right
5-6 Right heel touch forward, right heel close to left
7-8 Left heel touch forward, left foot close to right
- 9-10 Right heel touch forward, right foot stomp next to left
11-12 Right toe touch backward, right foot stomp next to left
13-14 Right heel touch forward, right toe touch to right side
15-16 Right toe touch backward, right toe touch to right side
- 17-18 Right heel touch forward, right toe touch to right side
19 Right leg bend at knee and right foot(toe pointing down) swings behind left leg- left hand slaps right heel

Or just hook right foot behind left leg leaving hands on hips

- 20 Left foot pivot $\frac{1}{4}$ left, right foot swings to right - right hand slaps right heel - left hand returns to left hip

Or just pivot $\frac{1}{4}$ with right foot hooked behind left leg, hands on hips

- 21-22 Right foot step to right-right hand returns to hip, left foot step behind right
23 Right foot step to right
24 Hop on right foot-raise left leg bending knee until thigh is parallel to floor

Or kick left foot forward - clap hands

- 25-26 Left foot step back, right foot step back
27 Left foot step back
28 Hop on left foot turning $\frac{1}{4}$ left- raise right leg bending knee until thigh is parallel to floor

Or kick right foot forward - clap

- 29-30 Right foot step to right, left foot step behind right
31 Right foot step to right
32 Hop on right foot turning $\frac{1}{2}$ right, raise left leg bending knee until thigh is parallel to floor

Or kick left foot forward-clap

- 33-34 Left foot step to left, right foot step behind left
35-36 Left foot step left turning $\frac{1}{4}$ left, right foot stomp next to left

REPEAT
