

# Mary Mary

COPPERKNOB  
BY STEPHEN HETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: Frankie Cull (UK)  
音乐: Shackles - Mary Mary



## JUMP FORWARD RIGHT LEFT, 2 HIP BUMPS, ROCK & SAILOR ½ TURN, HITCH ½ TURN HITCH

&1            Jump forward on right foot stepping left foot next to right

2-3           With feet together bump hips to left twice

**Optional styling: fists clenched, left elbow bent at a right angle with forearm across stomach, right arm in air, elbow bent at a right angle with forearm across forehead. As you bump hips push right elbow slightly upwards twice**

4&            Dropping arms, rock out to right side recover weight onto left

5&6           Sailor turning ½ right

7&8           Hitch left knee forward, with weight on ball of right foot let momentum turn you another ½ right & hitch left knee forward again

## LOCKING SHUFFLE FORWARD, PIVOT TURN STEP, 2 TRAVELING KICKS, TURN ¼ RIGHT, SQUAT & SLAP THIGHS

9&10          Step forward on left, lock right behind left, step forward on left

11&12        Step right foot forward, pivot ½ left weight ending on left, step forward on right

13&14&       Kick left foot forward, step forward on left, kick right foot forward, step forward on right

15            Turning ¼ right, step left foot apart to left with arms outstretched shoulder height

16            Bend both knees outwards into squat position slapping hands down onto thighs at same time

## BUMP HIPS LEFT & RIGHT, CROSS BEHIND STEP SIDE, CROSS BEHIND STEP SIDE, ROCK FORWARD, BACK & FORWARD, TURN ½ LEFT JUMPING BACK TWICE

17            While straightening up from squat position bump hips left

18            Bump hips out to right keeping weight on left

&19&20        Cross right foot behind left, step left to left, cross right foot behind left, step left to left

21&22&       Rock right foot forward across left on diagonal, recover weight onto left, rock back diagonally on right, recover weight onto left

23            Step right foot forward across left on diagonal

&24           Turning ½ left take a small jump back feet together then scoot back slightly on right foot with left knee hitched

## COASTER, LOCK STEP, HITCH TOUCH, HEEL JACK, CROSS BEHIND UNWIND ½ LEFT

25&26        Step back on left, step right foot next to left, step left foot forward

&27           Lock right foot behind left, step forward on left

&28           Hitch right knee across in front of left leg & touch right toe out to right side

29&30&       Cross right over left, step back diagonally left on left, touch right heel diagonally forward, step right next to left

31&32        Cross left behind right, unwind ½ turn left (weight on left)

## REPEAT