

# Mary Lou

拍数: 48      墙数: 0      级数:  
编舞者: Ian St. Leon (AUS)  
音乐: Mary Lou - Rednex



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- 1-4            Touch right heel in front, right together, touch right heel in front twice  
&5            Jump right behind left, jump left across right  
6              Touch right heel forward
- &7            Jump right behind left, jump left across right  
8              Stomp right
- 9-12          Twist to right, heels, toes, heels, toes (to center)  
13-16        Touch left heel in front, left together, touch left heel in front twice
- &17          Jump left behind right, jump right across left  
18            Touch left heel forward
- &19          Jump left behind right, jump right across left  
20            Stomp left
- 21-24        Twist to right, heels, toes, heels, toes (to center)
- 25-28        Vine left-right-left turn  $\frac{1}{4}$  turn left and stomp right together  
29-32        Vine forward right-left-right, stomp left slightly behind right
- 33-36        Leaving toe in place tap right heel on floor 4 times  
37-40        Vine back right-left-right turning 540 degrees right, stomp left together
- 41-42        Kick right forward, right together  
43-44        Left 45, left together
- 45-46        Kick right forward, right together  
47-48        Left 45, left together

**REPEAT**

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