

# Martina's Sheets

拍数: 32      墙数: 2      级数: Improver stroll  
编舞者: Derrick Walker (USA)  
音乐: Satin Sheets - Martina McBride



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## TOE STRUT, TOE STRUT, WALK, WALK, WALK, HOLD

1-2      Point right toe forward, bring foot down  
3-4      Point left toe forward, bring foot down  
5-6      Walk right foot forward, walk left foot forward  
7-8      Walk right foot forward, hold

## WALK, HOLD, WALK, HOLD, WALK, WALK, STEP WITH RIGHT ½ TURN, TOUCH

1-2      Walk left foot forward, hold  
3-4      Walk right foot forward, hold  
5-6      Walk left foot forward, walk right foot forward  
7-8      Pivot ½ turn right and step back on left foot, touch right foot next to left

## STEP, TOUCH, REPEAT 3X

1-2      Step right foot forward at a 45 degree angle, touch left foot next to right  
3-4      Step left foot forward at a 45 degree angle, touch right foot next to left  
5-6      Step right foot forward at a 45 degree angle, touch left foot next to right  
7-8      Step left foot forward at a 45 degree angle, touch right foot next to left

## STEP, RIGHT ½ TURN 2X, STEP, LEFT ½ TURN 2X

1-2      Step right foot forward, pivot ½ turn right and step back on left foot  
3-4      Pivot ½ turn right and step forward on right foot, touch left foot next to right  
5-6      Step left foot forward, pivot ½ turn left and step back on right foot  
7-8      Pivot ½ turn left and step forward on left foot, touch right foot next to left

**REPEAT**

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