

Mark One Up

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Pete Harkness (UK)
音乐: Heart's Desire - Lee Roy Parnell



SIDE, ¼ TURN, KICKBALL CHANGE. SHUFFLE. WALK LEFT, RIGHT

1-2 Step right to right side, on balls of feet ¼ turn to left
3&4 Kick right in front & step right beside left, step left in place
5&6 Step forward on right & close left to right, step forward on right
7-8 Walk forward on left, walk forward on right

ROCK RECOVER, ¼ SHUFFLE LEFT, CROSS, SIDE, KICKBALL CROSS

1-2 Rock forward on left, recover on right
3&4 Step left ¼ turn to left & close right to left, step left to side
5-6 Cross step right over left, step left to side
7&8 Kick right in front & step back on right, cross step left over right

SIDE, HEEL TAP, CROSS STRUT, SIDE SAILOR ¼ TURN, STEP

1 Step right to side angling body to left raise left heel up
&2 Snap left heel to floor & raise left heel up
&3-4 Step back on left & touch right toes across left, snap right heel to floor
5 Step left to left side
6&7 Step right behind left & step left to side, step right ¼ turn to right
8 Step forward on left

SHUFFLE, ROCK, RECOVER, CROSS, BACK. SIDE, KNEE POP, CROSS

1&2 Step forward on right & close left to right, step forward on right
3-4 Rock left to left side, recover on right
5&6 Cross step left over right & step back on right, step left to side
7&8 Pop right knee across left & replace right, cross step left over right

REPEAT
