拍数： 52
壇数： 0
级数：Partner
编舞者：Dan Testa（USA）
音乐：Shakin＇Things Up－Lorrie Morgan

Position：Open with man facing OLOD，lady facing ILOD and man＇s left hand holding lady＇s right When using＂Shakin＇Things Up＂do all 52 counts of the dance．When using other music that is phrased regularly，only do counts 1－48 of the dance

```
PREP, HOLD, (LADY'S UNDERARM TURN) WALK, WALK, STEP
MMN: Rock slightly back left
    LADY: Rock slightly back right
2
3-4-5 MAN: Lift left arm and walk right left right around the lady making a }1/2\mathrm{ turn right.
    LADY: Walk left right left turning }1/2\mathrm{ left under the man's left arm.
The man and lady switch places ending with man facing ILOD and lady facing the man．
```

HOLD，（LADY＇S TURN UNDER MAN＇S RIGHT ARM）WALK，WALK，STEP
$6 \quad$ BOTH：Hold
During the hold，man takes lady＇s left hand with his right and drops his left hand
7－8－9 MAN：Lift right arm and walk left right left making a $1 / 4$ turn right
LADY：Walk right left right turning $3 / 4$ left under man＇s right arm．
The couple ends with man facing LOD and lady facing the man
HOLD，WALK，WALK，SHUFFLE，SHUFFLE
10
BOTH：Hold
During the hold，man takes lady＇s right hand with his left and places his right hand on the lady＇s back ending in closed／position

| 11－12 | MAN：Walk forward right，left <br> LADY：Walk back left，right |
| :--- | :--- |
| 13\＆14 | MAN：Right shuffle forward |
| LLDY：Left shuffle back |  |
| 15\＆16 | MAN：Left shuffle forward <br>  <br> LADY：Right shuffle back |

ROCK，HOLD，WALK，WALK，STEP，HOLD
17 MAN：Rock slightly back right
LADY：Rock slightly back left
Man slides right hand down lady＇s arm to take lady＇s left hand on the rock
18 BOTH：Hold
19－20－21 MAN：Walk left，right，left to left of lady while turning $1 / 2$ right ending behind lady
LADY：Walk forward right，left，step right next to left
The lady and man end facing RLOD．The couple is in wrap position with the lady＇s right arm above her left arm
22
BOTH：Hold
BUMP，BUMP，BUMP，HOLD
23－24 MAN：Bump hips right，left
LADY：Bump hips left，right
25 MAN：Step right crossing behind left while turning $1 / 4$ right and releasing right hand LADY：Bump hips left
BOTH：Hold

## WALK, WALK, SHUFFLE, SHUFFLE

27-28 MAN: Step forward left, walk right turning $1 / 4$ right to face lady
LADY: Walk back right, left
Man takes lady's left hand with his right hand
29\&30 MAN: Left shuffle forward
LADY: Right shuffle back
31\&32 MAN: Right shuffle forward
LADY: Left shuffle back
Couple ends in open position with lady facing RLOD, man /facing LOD

## ROCK, STEP, TURN SHUFFLE, ROCK, STEP, TURN SHUFFLE

33-34 MAN: Rock forward left, recover in place right
LADY: Rock back right, recover in place left
35\&36 MAN: Triple step in place left-right-left
LADY: Shuffle forward right-left-right turning $1 / 2$ left
Man lifts left arm for lady to turn underneath and drops his right hand. Lady ends facing LOD and at man's right
37-38 MAN: Rock back right, recover in place left
LADY: Rock back left, recover in place right
Man places right hand on lady's back to help her change direction here
39\&40 MAN: Triple step in place right-left-right
LADY: Shuffle forward left-right-left turning $1 / 2$ right
Man lifts left arm for lady to turn back underneath
WALK, WALK, ROCK, STEP
Man takes lady's left hand with his right hand
41-42 MAN: Walk forward left, right
LADY: Walk back right, left
Here, the couple's hands revolve in a circle in the vertical plane tangent to line of dance. Each set of hands will be opposite on the circle. If you imagine the lady's hands as bicycle pedals, it will look like the man is gently pedaling the bicycle with his hands
43-44 MAN: Rock forward left, recover in place right
LADY: Rock back right, recover in place left

## TURN SHUFFLE, SIDE SHUFFLE

45\&46 MAN: Drop right hand and lift left arm. Shuffle left-right-left back and turn $1 / 4$ right to face OLOD and partner
LADY: Shuffle forward right-left-right turning $3 / 4$ left under man's arm.
The lady does not need to finish all $3 / 4$ of her turn here. She may under-turn and make up the rest on the next two counts.
47\&48 MAN: Shuffle right-left-right slightly to the side ending opposite the lady
LADY: Shuffle left-right-left slightly to the side ending opposite the man
ROCK, STEP, ROCK, STEP
49-52
MAN: Rock left crossing in front of right, recover in place right, rock left to side, recover in place right
LADY: Rock right crossing in front of left, recover in place left, rock right to side, recover in place left

REPEAT

