Maria Elena

拍数: 32

级数: Improver

编舞者: Irene Groundwater (CAN)

音乐: María Elena - Edmundo Ros

FORWARD, SCUFF, FORWARD, TOGETHER

- Right forward, scuff left toe forward beside right instep 1-2
- 3-4 Left forward, step right beside left

SIDE, HOLD, SIDE TOGETHER

- 5-6 Side step left, hold
- 7-8 Side step right, step left beside right
- Option on count 6 drag right towards left

FORWARD, SCUFF, FORWARD, REPLACE

- 9-10 Right forward, scuff left toe forward beside right instep
- 11-12 Left forward, replace weight on right

1/4 TURN LEFT, SCUFF, CROSS, BACK

- Left forward making 1/4 turn left on step, scuff right toe forward beside left instep 13-14
- 15-16 Cross right over left, left back

SIDE, DRAG, TOGETHER, SIDE

- 17-18 Side step right, drag left towards right
- 19-20 Step left beside right, side step right

CROSS, HOLD, REPLACE, SIDE

- 21-22 Cross left over right, hold
- 23-24 Replace weight on right, side step left

CROSS, HOLD, REPLACE, SIDE

- 25-26 Cross right over left, hold
- 27-28 Replace weight on left, side step right

SIDE, HOLD, SIDE, TOGETHER

- 29-30 Side step left, hold
- Side step right, step left beside right 31-32
- Option on count 30 drag right towards left

REPEAT

When dancing to Marty Robbins music, dance pattern above 7 times. On 8th round, dance pattern normally to count 20. Music slows. Use two counts for each one count above to end of dance and on 9th round from counts 1-6, on count 7 cross Right foot over Left, on count 8 hold out to each side with palms up to end dance with attitude





墙数: 4