

Mardi Gras #5

COPPER KNOB
STYLEDANCE

拍数: 32 墙数: 4 级数: Beginner
编舞者: Violet Ray (USA)
音乐: Mambo No.5 - Lou Bega



This dance was choreographed for my Red Hat club's Mardi Gras party and is dedicated to all my "Hula Maiden" Sisters

SIDE MAMBO'S, FORWARD & BACK MAMBO

1&2 Rock right foot out to right side, recover weight on left foot, step right foot next to left foot
3&4 Rock left foot out to left side, recover weight on right foot, step left foot next to right foot
5&6 Rock right foot forward, recover weight on left foot, step right foot next to left foot
7&8 Rock left foot back, recover weight on right foot, step left foot next to right foot

WALK FORWARD 2X, SIDE MAMBO, WALK FORWARD 2X, SIDE MAMBO

1-2 Step right foot forward, step left foot forward
3&4 Rock right foot out to right side, recover weight on left foot, step right foot next to left foot
5-6 Step left foot forward, step right foot forward
7&8 Rock left foot out to left side, recover weight on right foot, step left foot next to right foot

¾ TURN WITH HIP ROLLS

1-2 Rotate hips counter clock wise 2x
3-4 Turn ¼ left rotating hips counter clock wise 2x (9:00)
5-6 Turn ¼ left rotating hips counter clock wise 2x (6:00)
7-8 Turn ¼ left rotating hips counter clock wise 2x (3:00)

CHARLESTON KICK

1-2 Step right foot forward, hold
3-4 Kick left foot forward, hold
5-6 Step left foot back, hold
7-8 Touch right toe back, hold

REPEAT
