

Marchate

拍数: 64 墙数: 4 级数: Intermediate/Advanced
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音乐: Marchate - Gisselle



LEFT SIDE, CLOSE, SHUFFLE FORWARD, ¼ TURN LEFT ON RIGHT FOOT, CLOSE, CHASSE RIGHT

1-2 Side step left, step right beside left
3&4 Step forward left-step right beside left-step forward left
5-6 ¼ turn left stepping to right side, step left beside right
7&8 Side step right-step left beside right- side step right

¼ TURN LEFT, CLOSE, SHUFFLE FORWARD, ¼ TURN LEFT ON RIGHT FOOT, CLOSE, CHASSE RIGHT

9-10 ¼ turn left stepping to left side, step right beside left
11&12 Step forward left-step right beside left-step forward left
13-14 ¼ turn left stepping to right side, step left beside right
15&16 Side step right-step left beside right- side step right

LEFT CROSS ROCK SYNCOPATED ROLLING GRAPEVINE LEFT, RIGHT TOUCH & ROLL BACK, TOE-HEEL STRUT BACK

17-18 Rock left over right, rock back on right
19&20 Side step left-½ turn left stepping right to side right- ½ turn left stepping left to side left
21-22 Touch right toes back, body roll back taking weight onto right foot
&23-24 Step left foot beside right-touch right toes back, drop right heel

LEFT SIDE TOE-HEEL STRUT, HIP SWAYS, HITCH TURNS ¼ LEFT, TOE SWITCH LEFT WITH HEAD FLICKS

25-26 Step ball of left foot to side, drop left heel
27-28 Sway hips to right then left
&29 Hitch right knee turning ¼ left, touch right toes to side
&30 Hitch right knee turning ¼ left, touch right toes to side
&31-32 Step right beside left-touch left toes to right side, hold one count flicking head from left to right

LEFT SIDE, SLIDE, HOLD WITH SHOULDER DROPS, BACK RIGHT, SLIDE, HOLD WITH SHOULDER DROPS

33-35 Long side step left, slide right foot to touch beside left over two counts
&36 Hold one count raising right shoulder-drop right shoulder & raise left
37-39 Long step back on right, slide left foot to touch beside right over two counts
&40 Hold one count raising right shoulder-drop right shoulder & raise left

LEFT SIDE, TOUCH, 2 X ¼ TURNS RIGHT, TOUCH, RIGHT SIDE, TOUCH WITH FINGER CLICKS

41-42 Side step left, touch right beside right & click
43-44 ¼ turn right stepping to side on right foot, touch left beside right & click
45-46 ¼ turn right stepping to side on left foot, touch right beside left & click
47-48 Side step right, touch left foot beside right & click

SYNCOPATED SIDE CROSSES RIGHT OVER LEFT, ½ TURN RIGHT, CROSS LEFT, HOLD

&49-50 Side step left-step right over left, hold one count
&51-52 Side step left-step right over left, hold one count
53-54 Side step left, hinge back ½ turn right stepping to side on right foot
55-56 Step left over right, hold one count

RIGHT TOUCH, TURN, FLICK, DRAG LEFT, RIGHT, KICK-BALL-CROSS TOUCH-STEP-PIVOT ¾ TURN LEFT

57-58 Touch right toes to side, ¼ turn left flicking right foot behind

59-60 Step forward on right dragging left toes behind, step forward on left dragging right toes behind

61&62 Kick right foot forward-step back on right foot-touch left foot over right

&63-64 Step forward left- step forward right, pivot ¾ turn left onto right foot

REPEAT
