

# Manna-Tease Strut

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate/Advanced  
编舞者: Jane Wardell (USA)  
音乐: Stray Cat Strut - Stray Cats



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## FORWARD TOE DIGS (RIGHT & RIGHT, LEFT & LEFT), RIGHT POINT ¼ TURN RIGHT, CROSS LEFT BEHIND & FRONT

1&2      Moving forward, dig right toes forward, & sway back onto left, dig right toes forward  
3&4      Moving forward, dig left toes forward, & sway back onto right, dig left toes forward  
5-6      Point right toe forward, swing/sweep right foot right ¼ turn right stepping right  
7&8      Cross-step left behind right, & step right to right side, cross-step left over right

## RIGHT POINT/CROSS, LEFT POINT/CROSS, POINT RIGHT & LEFT, MONTEREY ½ TURN LEFT

1-2      Point right toe to right side, cross-step right over left  
3-4      Point left toe to left side, cross-step left over right  
5&6      Point right toe to right side, & step right together, point left toe to left side  
7-8      Sweep left behind right ½ turn left, step down left

## RIGHT ROCK BACK/RECOVER, TOUCH/STEP FRONT, PIVOT ½ TURN RIGHT, LEFT HEEL DOWN, BACK RIGHT & CROSS (COASTER STEP)

1-2      Rock-step back on right, recover left  
3-4      Touch right toes next to left, step forward right  
5-6      Pivot ½ turn right while stepping back onto left toes, step down on left heel  
7&8      Step back on right, & step back on left, cross-step right over left

## VINE LEFT-CROSS RIGHT, SNAP FINGERS, SWAY HIPS LEFT/RIGHT, SAILOR STEP

1-2      Step left to left side, cross-step right behind left  
&3-4      Step left to left side, step right over left, hold/snap fingers  
5-6      Rock-step left to left side, sway hips to right side  
7&8      Step left behind right, & step right to right side, step left to left side

**REPEAT**

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