

Maneater 32

拍数: 32 墙数: 1 级数: Beginner mixed rhythm
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音乐: Maneater - Nelly Furtado



4X SIDE STEP-TOE TAP WITH EXPRESSION

- 1-2 Step right to right, (raising knee) tap left toe next to right foot
- 3-4 Step left to left, (raising knee) tap right toe next to left foot
- 5-6 Step right to right, (raising knee) tap left toe next to right foot
- 7-8 Step left to left, (raising knee) tap right toe next to left foot

On toe taps lean slightly inward and click fingers (both hands)

4X STEP BACKWARD-HEEL TAP WITH EXPRESSION

- 9-10 Step backward onto right, tap left heel diagonally across right foot
- 11-12 Step backward onto left, tap right heel diagonally across left foot
- 13-14 Step backward onto right, tap left heel diagonally across right foot
- 15-16 Step backward onto left, tap right heel diagonally across left foot

On heel taps lean slightly inward and click fingers (both hands)

2X SIDE STEP-RECOVER-TOGETHER, ROCK BACKWARD, RECOVER

- 17-18 (Large) step right to right, recover onto left
- 19 Step right next to left
- 20-21 (Large) step left to left, recover onto right
- 22 Step left next to right
- 23-24 Rock backward onto right, recover onto left

4X FORWARD DIAGONAL SYNCOPATED HIP BUMPS

- 25&26 Step right diagonally forward right & bump hips right, bump hips left then right
- 27&28 Step left diagonally forward left & bump hips left, bump hips right then left
- 29&30 Step right diagonally forward right & bump hips right, bump hips left then right
- 31&32 Step left diagonally forward left & bump hips left, bump hips right then left

REPEAT
