Mandalay Fun



编舞者: Keith Cross (UK)

音乐: The Road to Mandalay - Robbie Williams



WALK FORWARD, RIGHT SAILOR STEP, LEFT SAILOR STEP

1-4 Walk forward (with attitude) on right, left, right, left

Optional hand movements: on chorus sections hold arms in the air and wave hands like Al Jolson

5&6 Right sailor step7&8 Left sailor step

SYNCOPATED BACK STRUTS, RIGHT COASTER STEP, FULL PADDLE TURN RIGHT

9& Step back on right toe, drop right heel to floor (clicking fingers at shoulder height)
10& Step back on left toe, drop left heel to floor (clicking fingers at shoulder height)

11&12 Right coaster step

Touch left toe to left side, hitch left knee making ¼ turn right on right foot
Touch left toe to left side, hitch left knee making ¼ turn right on right foot
Touch left toe to left side, hitch left knee making ¼ turn right on right foot
Touch left toe to left side, hitch left knee making ¼ turn right on right foot

Optional hand movements: during chorus, when dancing counts 13 to 16, wave hands as in counts 1 to 4

CROSS, SIDE, LEFT SAILOR STEP, CROSS, SIDE, BEHIND AND CROSS

17-18 Cross left over right, step right to right side

19&20 Left sailor step

21-22 Cross right over left, step left to left side

23&24 Step right behind left, step left to left side, cross right over left

Optional hand movements: arms out in front, palms facing down, cross left hand over right, then right over left

STEP, SLIDE, RIGHT SAILOR STEP WITH 1/4 TURN RIGHT, FULL TURN, LEFT SHUFFLE

25-26 Step left large step to left side, slide right beside left (no weight)

27&28 Right sailor step making ¼ turn right

29-30 Moving forward, make a full turn right stepping on left, right (or walk forward left right)

31&32 Left shuffle forward

REPEAT

FINISH

(For a cool ending to the dance.) At the end of the track, the music beat fades. Keep dancing as normal. Dance up to count 25, then slide right foot up to left over 3 counts. Put your right index finger to your lips in a shssh! position as Robbie sings "nothing to say".