

# Man What A Woman

**COPPER** KNOB  
STEPSHEETS

拍数: 68      墙数: 4      级数: Improver  
编舞者: Rosa Prat (ES)  
音乐: Man, What a Woman - Shawn Camp



## KICK BALL POINTS RIGHT-LEFT-RIGHT-LEFT

1&2      Kick right foot forward, step right foot beside left, touch left toe to back  
3&4      Kick left foot forward, step left foot beside right, touch right toe to back  
5&6      Kick right foot forward, step right foot beside left, touch left toe to back  
7&8      Kick left foot forward, step left foot beside right, touch right toe to back

## HEELS, TRIPLE STEPS

9-10      Touch right heel forward, touch right heel to right side  
11&12      Triple steps in place on right-left-right  
13-14      Touch left heel forward, touch left heel to left side  
15&16      Triple steps in place on left right left

## CHASSE RIGHT, ROCK STEP FORWARD, CHASSE LEFT, ROCK STEP FORWARD

17&18      Step right to right side, step left foot beside right, step right to right to side  
19-20      Cross rock left foot over right, rock weight back on to right  
21&22      Step left to left side, step right foot beside left, step left to left side  
23-24      Cross rock right foot over left, rock weight back on to left

## SHUFFLE BACK RIGHT, ROCK, SHUFFLE FORWARD LEFT, ROCK

25&26      Shuffle back right-left-right  
27-28      Rock back on left foot, rock weight forward on to right foot  
29&30      Shuffle forward left-right-left  
31-32      Rock forward on right foot, rock weight back on to left foot

## TURNS RIGHT, KICK BALL CHANGES LEFT

33-34      Step back right foot making  $\frac{1}{2}$  turn right, step forward left foot making  $\frac{1}{2}$  turn right  
35&36      Shuffle step  $\frac{1}{2}$  turn right stepping in place right-left-right  
37&38      Kick left foot forward, step on ball on left foot beside right, step on right foot beside left  
39&40      Kick left foot forward, step on ball on left foot beside right, stomp on right foot beside left

## HOOK COMBINATION, $\frac{1}{4}$ TURN RIGHT KICK, STEP BACK, LEFT KICK

41-42      Touch right heel forward, hook right heel in front of left leg  
43-44      Touch right heel forward, touch right toe beside left heel  
45-46      Kick right foot to right side making  $\frac{1}{4}$  turn right, step back right foot  
47-48      Kick left foot forward, step back left foot

## HITCH RIGHT, STEP BACK, HITCH LEFT, STEP FORWARD, SHUFFLE FORWARD RIGHT, ROCK

49-50      Hitch up right knee, step back right foot  
51-52      Hitch up left knee, step forward left foot  
53&54      Shuffle forward right-left-right  
55-56      Rock forward left foot, rock weight back on to right

## TURNS LEFT, SHUFFLE $\frac{1}{2}$ TURN LEFT

57-58      Step back left foot making  $\frac{1}{2}$  turn left, step forward right foot making  $\frac{1}{2}$  turn left  
59&60      Shuffle step  $\frac{1}{2}$  turn left stepping in place left-right-left

**STEP FORWARD, ½ TURN LEFT, TOUCH HEEL, TOUCH TOE, HOOK BACK, STEP, HOOK BACK, STEP**

61-62 Step forward right foot, ½ turn left

63-64 Touch right heel forward, point right toe out to right side

65-66 Hook right back of the left leg and touch right heel with left hand, step right foot to right side

67-68 Hook left back of the right leg and touch left heel with right hand, step left foot to left side in second position

**REPEAT**

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