

# Man Of Me

**COPPER KNOB**  
STEPSHEETS

拍数: 32      墙数: 4      级数: Beginner  
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音乐: Man of Me - Gary Allan



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## ROCK, ROCK, SHUFFLE ½ TURN RIGHT, STEP PIVOT ½ TURN RIGHT, SHUFFLE

1-2      Rock forward on right, recover on left  
3&4      Shuffling ½ turn right (right, left, right)  
5-6      Step pivot ½ turn right (left, right)  
7&8      Shuffle forward (left, right, left)

## CHASSE RIGHT, ROCK, ROCK, CHASSE LEFT, ROCK, ROCK

1&2      Step right to right, step left next to right, step right to right  
3-4      Rock back on left foot, rock forward on right foot  
5&6      Step left to left, step right next to left, step left to left  
7-8      Rock back on right foot, rock forward on left foot

## FOUR ¼ TURNS TO LEFT WITH CLAPS

1-2      Step right foot forward, pivot on right foot ¼ turn left shifting weight back to left foot and clapping hands  
3-4      Repeat 1-2  
5-6      Repeat 1-2  
7-8      Repeat 1-2

## CROSS ROCK, TRIPLE STEP, CROSS ROCK, TRIPLE STEP ¼ TURN LEFT

1-2      Cross step right foot over in front of left foot, recover on left  
3&4      Triple step in place (right, left, right)  
5-6      Cross step left foot over in front of right foot, recover on right  
7&8      Triple step with ¼ turn left in place (left, right, left)

**REPEAT**

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