

Mamma Mia

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Virginia Tsui (CAN)
音乐: Mamma Mia - A*Teens



HEEL DIGS TWICE, TOE TOUCHES TWICE, SIDE BEHIND, RIGHT SHUFFLE

&1-2 Step right back, dig left heel twice
&3-4 Step left back, touch right toe behind left twice
5-6 Step right to right, step left behind right
7&8 Step right to right, step left beside right, step right to right

CROSS ROCK, LEFT SHUFFLE ¼ TURN LEFT, ½ TURN LEFT, FORWARD SHUFFLE

1-2 Cross left over right, recover right in place
3&4 Step left to left, step right beside left, step left to left making ¼ turn left
5-6 Step right forward, pivot ½ left
7&8 Step right forward, step left close to right, step right forward

ROCK STEP, CROSS SIDE CROSS, ¼ TURN LEFT BACK SHUFFLE, ¼ TURN LEFT, LEFT SHUFFLE

1-2 Rock step left to left, recover right in place
3&4 Cross left over right, step right to right, cross left over right
5&6 Turn ¼ left, step right back, step left close to right, step right back
7&8 Turn ¼ left, step left to left, step right beside left, step left to left

SAILOR STEP, PADDLE ¼ RIGHT TWICE, SAILOR STEP, UNWIND ½ TURN LEFT

1&2 Cross right over left, step left to left, step right in place
3&4 Touch left toe to left, pivot ¼ turn right, touch left toe to left, pivot ¼ turn right
5&6 Step left behind right, step right to right, step left in place
7-8 Cross right over left, unwind ½ turn left, touch right beside left

REPEAT
