

# Mamma Afrika

拍数: 32      墙数: 4      级数: Intermediate  
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音乐: Mamma Africa - Two In One



## ROCK-RECOVER, COASTER-CROSS, SIDE ROCK-RECOVER, FORWARD-½-POINT

1-2      Rock right forward, recover onto left  
3&4      Step right back, step left together, cross right over left  
5-6      Rock left to side, recover onto right  
7&8      Turn ¼ right and step left forward, turn ½ right (weight to right), touch left to side

## CROSS FRONT-SIDE, CROSS BEHIND-¼ TURN-FORWARD, CROSS-BACK, ¼ TURN SHUFFLE

9-10      Cross left over right, step right to side  
11&12      Cross left behind right, turn ¼ right and step right forward, step left forward  
13-14      Cross right over left, step left back  
15&16      Side shuffle turning ¼ right and step right, left, right

## CROSS, POINT-BALL-CROSS, STEP, KICK-SIDE-STEP, KICK-SIDE-TOUCH

17      Cross left over right  
18&19      Touch right diagonally forward, step right together, cross left over right  
20      Step right to side  
21&22      Touch left across right, step left to side, step right together  
23&24      Touch left across right, step left to side, touch right together

## AND WALK, WALK, SHUFFLE, ½, KICK-BALL-STEP FORWARD

&25      Rock right back, recover onto left  
26      Step right forward  
27&28      Shuffle forward stepping left, right, left  
29-30      Step right forward, turn ½ left (weight to left)  
31&32      Kick right forward, step right together, step left forward (large step)

## REPEAT

## TAG

After 7 rotations of the dance (you'll be facing the 3:00 wall), do 1-16, then this 4 count tag and restart from the beginning.

1&      Rock left across right, recover onto right  
2&3      Turn ¼ left and step left forward, step right forward, turn ½ left (weight to left)  
4      Hands in the air - ta da! (now facing 9:00 wall)

## FINISH

### Hands in fists

31      Cross arms & touch right fist to left hip & left fist to right hip  
&      Uncross arms & touch fists to shoulders (right to right, left to left)  
32      Spray arms up and out opening fists

Ta da!