

# Mamborino

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Val Reeves (UK)  
音乐: Mum Second to None - Dave Sheriff



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## RIGHT STRUT, LEFT STRUT, ROCK FORWARD, ROCK BACK, STEP BACK HOLD

1-4            Right heel forward, drop toes, left heel forward, drop toes  
5-8            Rock forward on right, rock back on left, right step back, hold

## TOE STRUT, TOE STRUT, ROCK BACK, ROCK FORWARD, STEP FORWARD, HOLD

9-12          Left toe back, drop heel, right toe back, drop heel  
13-16         Left rock back, right rock forward, left step forward, hold

## ROCK AND CROSS, CLAP, ROCK AND CROSS, CLAP

17-20         Right rock to right side, take weight on left, right cross over left, clap  
21-24         Left rock to left side, take weight on right, left cross over right, clap

## TOE STRUT, CROSS STRUT, SHUFFLE TURN, HOLD

25-28         Right toe to right side, drop heel, left toe across right, drop heel  
29-32         Turning  $\frac{1}{4}$  turn right shuffle right and hold

## STEP, HOLD, PIVOT, HOLD, SHUFFLE FORWARD

33-36         Left step forward, hold, pivot turn  $\frac{1}{2}$  turn right, hold  
37-40         Left shuffle forward, hold

## MAMBO STEPS FORWARD AND BACK

41-44         Right rock forward, left rock back, right step back, hold  
45-48         Left rock back, right rock forward, left step forward, hold

## STEP FORWARD, HOLD, PIVOT, HOLD, SHUFFLE FORWARD

49-52         Right step forward, hold, pivot turn  $\frac{1}{2}$  turn left, hold  
53-56         Right shuffle forward, hold

## ROCK FORWARD, ROCK BACK, TURN SHUFFLE, HOLD

57-60         Left rock forward, hold, right rock back, hold  
61-64         Turning  $\frac{1}{2}$  turn left shuffle, hold

REPEAT

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