

A Mambo

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate/Advanced
编舞者: Allan Hocking (UK)
音乐: Mambo Mambo - Lou Bega



HITCH SLIDE, ROCK BACK, LEFT SHUFFLE, HALF TURN

&1 Hitch right knee, step right to right side
2 Slide left foot to right
3 Rock back onto left
4 Rock forward onto right
5&6 Step left forward, step right beside left, step left forward
7 Touch right next left, keeping weight on ball of left foot
8 Swivel ½ turn left

ROCK, POINT TOE, STEP TOGETHER, RIGHT SHUFFLE, ROCK QUARTER TURN, SYNCOPATED VINE RIGHT

&9 Step back on right, touch left toe forward
&10 Step left in place, touch right beside left
11&12 Step right forward, step left beside right, step right forward
13 Step left foot forward turning ¼ right rocking onto left
14 Rock back onto right as you turn
15&16 Step left behind right, step right to right side, step left forward

STEP, 1 ¼ SWEEP TURN, LEFT SHUFFLE, HALF SHUFFLE BACK

17 Step right forward on ball of right foot
18-20 Extend left leg out, sweep left foot round 1 ¼ turn to right
21&22 Step left forward, step right beside left, step left forward
23&24 Turning ½ turn on ball of left foot, step back on right, step left beside right, step back on right

TOUCH, TOUCH, SAILOR STEP, STEP FULL TURN, LEFT SHUFFLE

25 Touch left toe forward
26 Touch left toe to left side
27&28 Step left behind right, right to right side, step left forward
29 Step right foot forward
30 Pivot a full turn to left, crossing left leg over right
31&32 Step forward left, step right beside left, step forward left

REPEAT
