

# Mambo Swing

拍数: 32      墙数: 2      级数: Improver  
编舞者: Glynn Rodgers (UK)  
音乐: Mambo Mambo - Lou Bega



---

## DIAGONAL MAMBO STEP, BACK ROCK, CLOSE, DIAGONAL MAMBO STEP, STEP BACK

1&2      Rock right foot to right diagonal corner, pushing hips forward, recover weight onto left, close right to left  
3-5      Rock back left, recover weight onto right, close left to right  
6&7      Rock right foot to right diagonal corner, pushing hips forward, recover weight onto left, close right to left  
8      Step back left

## STEP, LOCK, LOCK STEP, ¼ TURN, SLOW SIDE MAMBO

1-2      Step back right, lock left over right  
3&4      Step back right, lock left over right, step back right  
5-8      Turn ¼ left rocking left to left side, recover weight onto right, close left to right, hold

## SIDE, CLOSE, CHASSE, BACK ROCK, SIDE, BACK ROCK

1-2      Step right to right side pushing hips right, close left to right  
3&4      Step right to right side, close left to right, step right to right side  
5-6      Rock back left, recover weight onto right  
7-8      Step left diagonally forward, rock back right

## RECOVER, SIDE, BACK ROCK, CHASSE ¼, FULL TURN

1-2      Recover weight onto left, step right diagonally forward  
3-4      Rock back left, recover weight onto right  
5&6      Step left to left side, close right to left, step left to left side turning ¼ left  
7-8      Full turn forward stepping right-left (or two walks right & left)

**REPEAT**

---