

# Mambo Shuffle

拍数: 40                      墙数: 4                      级数: Intermediate  
编舞者: J.W. Grimes  
音乐: Thinkin' About You - Trisha Yearwood



The dance "Sex On The Beach" appears to be a badly remembered version of Mambo Shuffle, where the mambo steps in the first 16 counts are done once each instead of twice. So the mambo steps in "Sex On The Beach" only take 8 counts instead of 16.

## MAMBO FORWARD & BACK TWICE

1&                      Step forward left & recover weight to right in place  
2                        Step together left  
3&                      Step back right & recover weight to left in place  
4                        Step together right  
5-8                     Repeat counts 1-4

## MAMBO LEFT & RIGHT TWICE

9&10                    Side step left & step right in place, step together left  
11&                    Side step right & step left in place  
12                      Step together right  
13&14                  Side step left & step right in place, step together left  
15&                    Side step right & step left in place  
16                      Step together right

## STEP/TURN CHA-CHA-CHA

17-18                  Step forward left, ½ turn right  
19&20                  Shuffle forward left  
21-22                  Step forward right, ½ turn left  
23&24                  Shuffle forward right

## DIAGONAL LEFT STEP-SLIDE-STEP-SLIDE-STEP-SLIDE-STEP:

25                      Step diagonally forward left  
&                        Step right instep to left heel  
26                      Step diagonally forward left  
&                        Step right instep to left heel  
27                      Step diagonally forward left  
&                        Step right instep to left heel  
28                      Step diagonally forward left

## DIAGONAL RIGHT STEP-SLIDE-STEP-SLIDE-STEP-SLIDE-STEP:

29                      Step diagonally forward right  
&                        Step left instep to right heel  
30                      Step diagonally forward right  
&                        Step left instep to right heel  
31                      Step diagonally forward right  
&                        Step left instep to right heel  
32                      Step diagonally forward right

## LEFT ACROSS RIGHT JAZZ BOXES:

33-34                  Step left foot forward, step right across left  
35-36                  Step back left turning 1/8 right, step right next to left  
37-40                  Repeat 33-36

REPEAT

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