

Mambo No.5

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Sandra Kent
音乐: Mambo No.5 - Lou Bega



- 1 Cross right over left
- 2 Step left back
- 3 Step right to side
- & Slide left together
- 4 Step right to side
- 5 Cross left over right
- 6 Step right back
- 7 Step left to side
- & Slide right together
- 8 Turn $\frac{1}{4}$ left and step forward on left

- 9 Rock forward right
- 10 Rock back left
- 11 Turn $\frac{1}{2}$ right and step forward right
- & Turn $\frac{1}{2}$ right and step back left
- 12 Turn $\frac{1}{2}$ right and step forward right (completing 1 $\frac{1}{2}$ turns to the right)
- 13 Step left forward
- 14 Pivot $\frac{1}{2}$ right
- 15 Step left forward
- & Lock right behind
- 16 Step forward left

- 17 Rock right to side
- & Return weight left
- 18 Cross right over left
- 19 Rock left to side
- & Return weight right
- 20 Cross left over right
- 21 Step right to side
- & Slide left together
- 22 Turn $\frac{1}{4}$ right and step forward right
- 23 Rock forward left
- & Rock back right
- 24 Turn $\frac{1}{2}$ left and step forward left

- 25 Rock right to side
- & Return weight left
- 26 Cross right over left
- 27 Rock left to side
- & Return weight right
- 28 Cross left over right
- 29 Step right to side
- & Slide left together
- 30 Turn $\frac{1}{4}$ right and step forward right
- 31 Rock forward left
- & Rock back right

REPEAT**TAGS**

On the 4th wall, complete the first 16 counts and then do the following tag on the words 'jump up & down'. End the tag facing the 5th wall and finish the tag facing 6th wall. Start dance from beginning.

- &1 Jump right to side, jump left to side
- &2 Jump right in, jump left across right
- 3-4 Unwind full turn right (both counts)
- 5&6 Place left foot to left as you bump hips left, right, left
- 7&8 Bump hips right, left, right
- 9 Rock left across right
- & Return weight right
- 10 Step left to side
- 11 Rock right across left
- & Return weight left
- 12 Step right to side
- 13 Step forward left
- & Slide right together
- 14 Step forward left
- 15 Step right to side
- & Slide left together
- 16 Step forward right
- 17 Turn $\frac{1}{4}$ left and step forward left
- 18 Hitch right and clap
- 19 Step right together
- & Step left slightly back
- 20 Return weight right and clap
- 21 Rock forward left
- & Return weight right
- 22 Turn $\frac{1}{2}$ left and step forward left
- 23 Step forward right
- 24 Pivot $\frac{1}{2}$ left

On the eighth wall we must cut out four beats of music. Complete the first eight counts of dance then add in the bridge

- 1 Step forward right
- 2 Pivot $\frac{1}{2}$ left
- 3 Step forward right
- 4 Pivot $\frac{1}{2}$ left

Continue dance after the first sixteen counts which will be rock right, return weight left, cross right over left.
