

Mambo Jambo

拍数: 64 墙数: 4 级数: Intermediate
编舞者: Susan Briffa
音乐: Livin' la Vida Loca - Ricky Martin



MAMBOS FORWARD & BACK & STEP CLAPS

- 1-4 Rock forward on right, replace weight on left, rock back on right, replace weight on left
- 5-8 Stomp right forward & clap hands at shoulder height, stomp left forward & clap hands at shoulder height
- 9-16 Repeat 1-8

VINE RIGHT, HALF TURN, VINE LEFT & TOUCH

- 1-4 Vine right with half turn right and hitch left knee
- 5-8 Vine left with touch right to left
- 9-16 Repeat 1-8

MAMBO'S RIGHT AND LEFT

- 1-4 Step right to side with a rock (pointing right index finger down to right foot), replace weight on left, close right to left, hold
- 5-8 Step left to side with a rock (pointing left index finger down to left foot), replace weight on right, close left to right, hold

TURN AND MAMBO

- 1-4 Step forward right, half turn to left, close right to left, hold
- 5-8 Rock forward left, replace weight on right, close left to right, hold (mambo)

CAMEL WALKS (SLOW) (OPTIONAL PUSH & PULL ARM MOVEMENTS)

- 1-2 Step long step to right diagonal (taking arms forward at waist height)
- 3-4 Draw left to right and close with weight (bringing arms in to waist bent at elbow)
- 5-6 Step long step to right diagonal (taking arms forward at waist height)
- 7-8 Draw left to right and close with a touch (bringing arms in to waist bent at elbow)

8 COUNT GRAPEVINE TO LEFT WITH ¼ TURN

- 1-4 Step left to side, cross right behind left, step left to side, cross right in front of left
- 5-8 Step left to side, cross right behind left, step left to side with ¼ turn to left and hold

REPEAT
