Mambo Italiano

拍数: 64

级数: Intermediate

编舞者: Charlee B (UK)

音乐: Mambo Italiano - Shaft

RIGHT SIDE ROCK, RECOVER, CROSS SHUFFLE LEFT, LEFT SIDE ROCK, RECOVER, TRIPLE FULL TURN RIGHT

- 1-2 Rock right foot to right, recover onto left
- 3&4 Cross right over left, step left to left, cross right over left
- 5-6 Rock left foot to left, recover onto right
- 7&8 Triple full turn to right stepping left, right left (on the spot)
- 9-16 Repeat steps 1-8

ROCK FORWARD RIGHT, RECOVER, RIGHT LOCK STEPS BACK, ROCK BACK LEFT, RECOVER, LEFT LOCK STEPS FORWARD

- 17-18 Rock forward on right, recover onto left
- 19&20 Step back right, lock left over right, step back right
- 21-22 Rock back on left, recover onto right
- 23&24 Step forward left, lock right behind left, step forward left

RIGHT AND LEFT STOMPS FORWARD, ARM LIFTS AND POINTS, BODY ROLL

- 25-26 Stomp right foot forward raising right arm vertically, stomp left beside right raising left arm vertically
- 27-28 Lower right arm pointing down, lower left arm pointing down
- 29-32 Body roll forward and up

Alternative to steps 29-32: bump hips right, left, right, left

SIDE RIGHT, TOGETHER, JUMP RIGHT X 3, SIDE LEFT, TOGETHER, JUMP LEFT X 3

- 33-34 Step right to right, close left to right
- 35&36 With feet together jump 3 times to right
- 37-38 Step left to left, close right to left
- 39&40 With feet together jump 3 times to left

Alternative: side jumps can be replaced with chasses right and left during steps 35&36 and 39&40 respectively

STEP BACK RIGHT, TAP LEFT ACROSS RIGHT, LEFT LOCK STEPS FORWARD

- 41-42 Step back right, tap left toe across right foot
- 43&44 Step left forward, lock right behind left, step left forward
- 45-48 Repeat steps 41-44

SIDE RIGHT, LEFT BEHIND, SYNCOPATED CROSS STEP, SIDE RIGHT, SIDE LEFT, RIGHT BEHIND, SYNCOPATED CROSS STEP, SIDE LEFT

- 49-50 Step right to right, cross left behind right
- &51-52 Step right beside left, cross left over right, step right to right
- 53-54 Step left to left, cross right behind left
- &55-56 Step left beside right, cross right over left, step left to left

STOMPS BACK, FORWARD, OUT AND IN

- 57-58 Stomp right foot back, stomp left beside right
- 59-60 Stomp right foot forward, stomp left beside right
- 61-62 Stomp right foot to right, stomp left foot to left (feet slightly apart)
- 63-64 Stomp right foot in, stomp left foot in





墙数: 1

REPEAT