

Mambo Humano

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Beginner
编舞者: Lynne B (UK)
音乐: El Rey Del Dancing - David Civera



KICK BALL POINT, HIP BUMPS (TWICE)

1&2 Kick right forward, step in place on ball of right, point left to side
3&4 Bump hips (left-right-left) weight on left
5&6 Kick right forward, step in place on ball of right, point left to side
7&8 Bump hips (left-right-left) weight on left

MAMBO FORWARD, MAMBO BACK, SIDE MAMBO RIGHT & LEFT

1&2 Rock forward on right, recover on left, step right next to left
3&4 Rock back on left, recover on right, step left next to right
5&6 Rock right to side, recover on left, step right next to left
7&8 Rock left to side, recover on right, step left next to right

CHASSE RIGHT, BACK ROCK SIDE, BEHIND SIDE CROSS, CHASSE LEFT

1&2 Step right to side, close left to right, step right to side
3&4 Rock left behind right, recover onto right, step left to side
5&6 Cross right behind left, step left to side, cross right over left
7&8 Step left to side, close right to left, step left to side

SAILOR ¼ TURN, SHUFFLE, MAMBO FORWARD & BACK

1&2 Cross right behind left, ¼ turn right stepping left beside right, step right forward
3&4 Step left forward, step right next to left, step left forward
5&6 Rock forward on right, recover on left, step right next to left
7&8 Rock back on left, recover on right, step left next to right

REPEAT
