

Mamba Samba Cha-Cha

COPPER KNOB
STEPSHEETS

拍数: 40 墙数: 4 级数: Beginner
编舞者: Unknown
音乐: Macarena - Los del Río



THE FORWARD AND BACK MAMBOS (ROCK-STEP & TOGETHER)

1&2 Left foot forward, rock back onto right, step left foot back beside right
3&4 Right foot forward, rock back onto left, step right foot back beside left
5&6 Left foot forward, rock back onto right, step left foot back beside right
7&8 Right foot forward, rock back onto left, step right foot back beside left.

THE SIDE TO SIDE MAMBOS (SIDE-STEP & TOGETHER)

9&10 Left foot steps left, rock back onto right, step left foot right beside right
11&12 Right foot steps right, rock back onto left, step right foot to left beside left
13&14 Left foot steps left, rock back onto right, step left foot right beside right
15&16 Right foot steps right, rock back onto left, step right foot to left beside left

THE CHA-CHAS (STEP-TURN-STEP, CHA-CHA-CHA)

17-18 Step forward with left, pivot right ½ turn and step forward with the right
19 Step forward with the left & step forward with the right, locking behind the left
20 Step forward with the left
21-22 Step forward with right, pivot left ½ turn and step forward with the left
23 Step forward with the right & step forward with the left, locking behind the right
24 Step forward with the right

THE DIAGONAL SAMBAS

25 Step diagonal forward & left with the left
& Step diagonal forward & left with the right, locking behind the left
26 Step diagonal forward & left with the left
& Step diagonal forward & left with the right, locking behind the left
27 Step diagonal forward & left with the left
& Step diagonal forward & left with the right, locking behind the left
28 Step diagonal forward & left with the left

29 Step diagonal forward & right with the right
& Step diagonal forward & right with the left, locking behind the right
30 Step diagonal forward & right with the right
& Step diagonal forward & right with the left, locking behind the right
31 Step diagonal forward & right with the right
& Step diagonal forward & right with the left, locking behind the right
32 Step diagonal forward & right with the right

THE JAZZ BOX

33 Step left foot across in front of right, turning 1/8 turn to right
34 Step back onto right foot
35 Step left to the left
36 Step right foot to the left, beside right
37 Step left foot across in front of right, turning 1/8 turn to right
38 Step back onto right foot
39 Step left to the left
40 Step right foot to the left, beside right

REPEAT
