

# Mamba Samba Cha-Cha

COPPER KNOB  
STEPSHEETS

拍数: 40                      墙数: 4                      级数: Beginner  
编舞者: Unknown  
音乐: Macarena - Los del Río



## THE FORWARD AND BACK MAMBOS (ROCK-STEP & TOGETHER)

1&2                      Left foot forward, rock back onto right, step left foot back beside right  
3&4                      Right foot forward, rock back onto left, step right foot back beside left  
5&6                      Left foot forward, rock back onto right, step left foot back beside right  
7&8                      Right foot forward, rock back onto left, step right foot back beside left.

## THE SIDE TO SIDE MAMBOS (SIDE-STEP & TOGETHER)

9&10                      Left foot steps left, rock back onto right, step left foot right beside right  
11&12                      Right foot steps right, rock back onto left, step right foot to left beside left  
13&14                      Left foot steps left, rock back onto right, step left foot right beside right  
15&16                      Right foot steps right, rock back onto left, step right foot to left beside left

## THE CHA-CHAS (STEP-TURN-STEP, CHA-CHA-CHA)

17-18                      Step forward with left, pivot right ½ turn and step forward with the right  
19                      Step forward with the left & step forward with the right, locking behind the left  
20                      Step forward with the left  
21-22                      Step forward with right, pivot left ½ turn and step forward with the left  
23                      Step forward with the right & step forward with the left, locking behind the right  
24                      Step forward with the right

## THE DIAGONAL SAMBAS

25                      Step diagonal forward & left with the left  
&                      Step diagonal forward & left with the right, locking behind the left  
26                      Step diagonal forward & left with the left  
&                      Step diagonal forward & left with the right, locking behind the left  
27                      Step diagonal forward & left with the left  
&                      Step diagonal forward & left with the right, locking behind the left  
28                      Step diagonal forward & left with the left  
  
29                      Step diagonal forward & right with the right  
&                      Step diagonal forward & right with the left, locking behind the right  
30                      Step diagonal forward & right with the right  
&                      Step diagonal forward & right with the left, locking behind the right  
31                      Step diagonal forward & right with the right  
&                      Step diagonal forward & right with the left, locking behind the right  
32                      Step diagonal forward & right with the right

## THE JAZZ BOX

33                      Step left foot across in front of right, turning 1/8 turn to right  
34                      Step back onto right foot  
35                      Step left to the left  
36                      Step right foot to the left, beside right  
37                      Step left foot across in front of right, turning 1/8 turn to right  
38                      Step back onto right foot  
39                      Step left to the left  
40                      Step right foot to the left, beside right

REPEAT

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