

Mama, Take Me Home

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Thomas Malmgren (SWE)
音乐: Mama Take Me Home - Rednex



HEEL SWITCHES, ¼ RIGHT HOOK, SHUFFLE FORWARD, HOOK BEHIND

1& Touch right heel forward, step right next to left
2&3 Touch left heel forward, step left next to right, touch right toe to right side
4 ¼ turn right on left hooking right foot in front of left
5&6 Step right forward, step left beside right, step right forward
7-8 Step left forward, hook right behind left knee

SHUFFLE BACK, PIVOT ¾ LEFT, CHASSE RIGHT, CLAP

9&10 Step right back, step left beside right, touch right back
11 Pivot ¾ to right
12&13 Step left to left side, step right beside left, step left to left side
14-15 Cross rock right back on right, recover forward on left
&16 Clap hands twice

HIP BUMPS FORWARD RIGHT & LEFT, CHASSE RIGHT

17&18 Step right diagonally forward right bumping hips forward, back, forward
19&20 Step left diagonally forward left bumping hips forward, back, forward
21&22 Step right to right side, step left beside right, step right to right side

ROCKING CHAIR, TRIPLE ¾ TURN LEFT, WEAVE RIGHT

23-24 Rock back on left, recover forward on right
25-26 Rock forward on left, recover back on right
27&28 Triple step ¾ turn left stepping - left, right, left
29-30 Step right to right side, cross left behind right
31-32 Step right to right side, cross left over right

REPEAT

TAG

After the 7th wall dance 4 count tag

¾ MONTEREY TURN

1-2 Touch right to right side, pivot ¾ to right step right beside left
3-4 Touch left to left side, step left beside right