

# Mama's Little B

COPPERKNOB  
STEPSHEETS

拍数: 56      墙数: 4      级数: Intermediate  
编舞者: Tony Wilson (USA)  
音乐: Shortenin' Bread - The Tractors



Start after 8 beats as you hear vocals 1,2

## RIGHT TOE HEEL TRIPLE STEP CROSS UNWIND

1-2            Touch right toe to left instep, touch right heel to left instep  
3&4           Step right, left, right in place  
5-6           Cross left leg over right, hold  
7-8           Unwind  $\frac{1}{2}$  turn right, hold

## LEFT TOE HEEL TRIPLE STEP CROSS UNWIND

9-10           Touch left toe to right instep, touch left heel to right instep  
11&12        Step left, right, left in place  
13-14        Cross right leg over left, hold  
15-16        Unwind  $\frac{1}{2}$  turn left, hold

## RIGHT SHUFFLE. ROCK. ROCK LEFT SHUFFLE. ROCK. ROCK

17&18        Right shuffle forward right-left-right  
19-20        Rock step forward on left foot, rock back on right foot  
21&22        Left shuffle forward left-right-left  
23-24        Rock step forward on right foot, rock back on left foot

## BACK TOE HEEL STRUTS RIGHT-LEFT-RIGHT-LEFT

25-26        Step back on right toe, drop right heel to floor  
27-28        Step back on left toe, drop left heel to floor  
29-30        Step back on right toe, drop right heel to floor  
31-32        Step back on left toe, drop left heel to floor

## ROCK. ROCK. CROSS SHUFFLE $\frac{1}{4}$ TURN RIGHT. LEFT SHUFFLE

33-34        Rock onto right foot, rock onto left foot  
35&36        Cross right foot in front of left, small step to left on left foot, small step to left on right foot  
37-38        Step left foot to left,  $\frac{1}{4}$  pivot turn right  
39&40        Left shuffle forward left-right-left

## CHARLESTON STEP TWICE, $\frac{1}{4}$ UNWIND LEFT

41-42        Step forward on right foot, kick left foot forward  
43-44        Step back on left foot, touch right toe back  
45-46        Step forward on right foot, kick left foot forward  
47-48        Touch left toe behind right foot, unwind  $\frac{1}{4}$  turn left

## RIGHT SIDE CHASSE. ROCK BACK. LEFT SHUFFLE. STOMP. STOMP

49&50        Step right foot to right side, close left to right, step right foot to right side  
51-52        Turning  $\frac{1}{4}$  left rock back on left foot, rock forward on right foot  
53&54        Left shuffle forward left-right-left  
55-56        Stomp right foot, stomp left foot

REPEAT