

Mama's Cha Cha

COPPER KNOB
STEPPERS

拍数: 32 墙数: 2 级数: Beginner

编舞者: Trent Duncan (AUS)

音乐: Mama Don't Let Your Babies Grow Up To Be Cowboys - The Gibson Miller Band



1-2 Step right to right side, step left behind right
3&4 Step right-left-right in place (right cha-cha)
5-6 Step left to left side, step right behind left
7&8 Step left-right-left in place (left cha-cha)

1-2 Step forward right, rock back onto left
3&4 Shuffle back right turning $\frac{1}{2}$ turn right
5&6 Shuffle forward left-right-left
7-8 Step forward right, pivot $\frac{1}{2}$ turn left

1&2 Shuffle forward right-left-right
3&4 Shuffle forward left-right-left

MONTEREY TURN

5-8 Touch right to right side, turning $\frac{1}{2}$ turn right on left foot bring right together, touch left to left side, step left together

1&2 Shuffle to right side stepping right-left-right
3-4 Step left behind right, rock back onto right
5&6 Shuffle to left side stepping left-right-left
7-8 Cross right leg over left, unwind full turn

REPEAT
