

# Mama Take Me Home

COPPER KNOB  
STEPSHEETS

拍数: 32      墙数: 4      级数: Intermediate  
编舞者: AlaRM  
音乐: Mama Take Me Home - Rednex



## WIZARD OF OZ STEPS RIGHT & LEFT, HEEL SWITCHES, HEEL, HOOK, HEEL, FLICK

- 1-2&      Step right foot diagonally forward to right side, lock left foot behind right foot, step right foot diagonally forward to right side
- 3-4&      Step left foot diagonally forward to left side, lock right foot behind left foot, step left foot diagonally forward to left side
- 5&6&      Touch right heel forward, step right foot beside left foot, touch left heel forward, step left foot beside right foot
- 7&8&      Touch right heel forward, hook right foot across left, touch right heel forward, flick right foot to right side

## SIDE, SAILOR ¼ TURN LEFT, STEP, TOUCH SCOOT TWICE, LEFT COASTER STEP

- 1          Step right foot to right side
- 2&3      Cross left foot behind right foot turning ¼ turn left, step right foot beside left foot, step left foot to left side
- 4          Step right foot forward
- 5&6&      Touch left foot behind right foot, scoot backwards on right foot, touch left foot behind right foot, scoot backwards on right foot
- 7&8      Step back on left foot, step right foot next to left foot, step forward on left foot

## ROCK, RECOVER, SHUFFLE ½ TURN RIGHT, SCUFF HITCH CROSS TWICE

- 1-2      Rock right foot forward, recover on left foot
- 3&4      Step right foot to right side turning a ¼ to right, step left foot beside right foot, step right foot forward turning ¼ right
- 5&6      Scuff left foot forward, hitch left foot over right, cross left foot over right foot
- 7&8      Scuff right foot forward, hitch right foot over left, cross right foot over left foot

## TWIST & TURN ½ LEFT, & WALK TWICE, LEFT SWIVET TWICE, HEEL OUT, HEEL OUT, BACK, TOGETHER

- 1&2      Twist heels right, twist heels left, twist heels right making ½ turn left, weight ends on right foot
- &3-4      Step left foot beside right foot, walk right foot forward, walk left foot forward
- 5&      With weight on left heel and right toe swivel left toes to left and right heel to right, return to center
- 6&      Repeat 5&, weight ends on left foot
- 7&8&      Step on right heel slightly diagonally right forward, step on left heel slightly diagonally left forward, step back on right foot, step left foot beside right foot

## REPEAT

## TAG

At the end of wall 7, facing 3:00 wall

## RIGHT SIDE ROCK & LEFT SIDE ROCK

- 1-2&      Rock right foot out to right side, recover back on left foot, step right foot beside left foot
- 3-4&      Rock left foot out to left side, recover back on right foot, step left foot beside right foot