

Mama Take Me Home

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: AlaRM
音乐: Mama Take Me Home - Rednex



WIZARD OF OZ STEPS RIGHT & LEFT, HEEL SWITCHES, HEEL, HOOK, HEEL, FLICK

- 1-2& Step right foot diagonally forward to right side, lock left foot behind right foot, step right foot diagonally forward to right side
- 3-4& Step left foot diagonally forward to left side, lock right foot behind left foot, step left foot diagonally forward to left side
- 5&6& Touch right heel forward, step right foot beside left foot, touch left heel forward, step left foot beside right foot
- 7&8& Touch right heel forward, hook right foot across left, touch right heel forward, flick right foot to right side

SIDE, SAILOR ¼ TURN LEFT, STEP, TOUCH SCOOT TWICE, LEFT COASTER STEP

- 1 Step right foot to right side
- 2&3 Cross left foot behind right foot turning ¼ turn left, step right foot beside left foot, step left foot to left side
- 4 Step right foot forward
- 5&6& Touch left foot behind right foot, scoot backwards on right foot, touch left foot behind right foot, scoot backwards on right foot
- 7&8 Step back on left foot, step right foot next to left foot, step forward on left foot

ROCK, RECOVER, SHUFFLE ½ TURN RIGHT, SCUFF HITCH CROSS TWICE

- 1-2 Rock right foot forward, recover on left foot
- 3&4 Step right foot to right side turning a ¼ to right, step left foot beside right foot, step right foot forward turning ¼ right
- 5&6 Scuff left foot forward, hitch left foot over right, cross left foot over right foot
- 7&8 Scuff right foot forward, hitch right foot over left, cross right foot over left foot

TWIST & TURN ½ LEFT, & WALK TWICE, LEFT SWIVET TWICE, HEEL OUT, HEEL OUT, BACK, TOGETHER

- 1&2 Twist heels right, twist heels left, twist heels right making ½ turn left, weight ends on right foot
- &3-4 Step left foot beside right foot, walk right foot forward, walk left foot forward
- 5& With weight on left heel and right toe swivel left toes to left and right heel to right, return to center
- 6& Repeat 5&, weight ends on left foot
- 7&8& Step on right heel slightly diagonally right forward, step on left heel slightly diagonally left forward, step back on right foot, step left foot beside right foot

REPEAT

TAG

At the end of wall 7, facing 3:00 wall

RIGHT SIDE ROCK & LEFT SIDE ROCK

- 1-2& Rock right foot out to right side, recover back on left foot, step right foot beside left foot
- 3-4& Rock left foot out to left side, recover back on right foot, step left foot beside right foot