

# Mama Said...

拍数: 44      墙数: 2      级数: Intermediate  
编舞者: William Sevone (UK)  
音乐: You Can't Hurry Love - The Chicks



## 'DANDY WALK' FORWARD, JUMP ROCKS, ½ RIGHT, STEP FORWARD

1-4            Saunter forward: right foot, left foot, right foot, left foot  
5&6            Jump rock forward onto right foot, jump back onto left foot, turn ½ right & step onto right foot

## 'DANDY WALK' FORWARD, JUMP ROCKS, ½ RIGHT, STEP FORWARD

7-10            Saunter forward: left foot, right foot, left foot, right foot  
11&12            Jump rock forward onto left foot, jump back onto right foot, turn ½ left & step onto left foot

## 4X SIDE ROCKS, SAILOR SHUFFLE, ¼ LEFT, COASTER STEP

13-16            Rock right foot to right side, rock onto left foot, right foot, left foot  
**Styling note: on counts 13-16 as you rock back onto each foot, lean upper part of body in opposite direction and raise arms to shoulder height and clap in same direction, e.g.: count 13 weight on right foot upper body lean to left, clap to left**  
17&18            Step right foot behind left (with clap to left), step left foot to side, step right foot to side  
19&20            Turn ¼ left on right foot & step back onto left, step right foot next to left, step left foot forward

## 'DANDY WALK' FORWARD, JUMP ROCKS, ½ RIGHT-STEP FORWARD

21-24            Saunter forward: right foot, left foot, right foot, left foot  
25&26            Jump rock onto right foot, jump back onto left foot, turn ½ right - stepping onto right foot

## 4X SIDE ROCKS, SAILOR SHUFFLE, ¼ RIGHT, COASTER STEP

27-30            Rock left foot to left side, rock onto right foot, left foot, right foot  
**Styling note: on counts 27-30 as you rock back onto each foot, lean upper part of body in opposite direction and swing arms at chest height to sides in direction of weight transfer e.g.: count 27 weight on left foot, upper body lean to right, swing arms to left**  
31&32            Step left foot behind right (swing arms to left), step right foot to side, step left foot to side  
33&34            Turn ¼ right on left foot & step back onto right, step left foot next to right, step right foot forward

## SHUFFLE FORWARD, LEFT FULL TURN, SHUFFLE FORWARD

35&36            Step forward onto left foot, step right foot next to left, step left foot forward  
37-38            Step forward onto right foot, turn one full turn left on right foot & step forward onto left foot  
39&40            Step forward onto right foot, step left foot next to right, step forward onto right foot

## ROCKS, COASTER STEP

41-42            Rock forward onto left foot, rock onto right foot  
43&44            Step back onto left foot, step right foot next to left, step forward onto left foot

## REPEAT