

# Mama Cha Cha

COPPER KNOB  
STYLEDANCE

拍数: 64      墙数: 4      级数: Intermediate  
编舞者: Jolene Pearly Vun (MY)  
音乐: Mama Cha-Cha (媽媽恰恰) - Summer Grace (風彩姐妹)



## TOUCH, FLICK, CROSS SHUFFLE, SIDE ROCK, RECOVER WEIGHT ONTO RIGHT, BEHIND SIDE, FORWARD

1-2      Touch right beside left, flick right  
3&4      Cross right over left, step left to left, cross right over left  
5-6      Rock left to left, recover weight onto right  
7&8      Step left behind right, step right to right, step left forward

## ROCK FORWARD, RECOVER, RIGHT CHASSE, ROCK BACKWARD, RECOVER, LEFT CHASSE, RECOVER, LEFT CHASSE

1-2      Rock right forward, recover weight onto left  
3&4      Step right to right, step left beside right, step right to right  
5-6      Rock left backward, recover weight onto right  
7&8      Step left to left, step right beside left, step left to left

## ROCK RIGHT WITH ½ TURN RIGHT, RECOVER WITH ½ TURN LEFT, RIGHT CHASSE, ROCK LEFT WITH ½ TURN LEFT, RECOVER WITH ½ TURN RIGHT, LEFT CHASSE

1-2      Rock right to right and ½ turn right (facing 6:00), recover on left and ½ turn left (facing 12:00)  
3&4      Step right to right, step left beside right, step right to right  
5-6      Rock left to left and ½ turn left (facing 6:00), recover on right and ½ turn right (facing 12:00)  
7&8      Step left to left, step right beside left, step left to left

## BACK ROCK, RECOVER, ½ TURN SHUFFLE, BACK, RECOVER, SHUFFLE FORWARD

1-2      Rock backward on right, recover weight onto left  
3&4      ½ turn left shuffle, right, left, right (facing 6:00)  
5-6      Rock back on left, recover weight onto right  
7&8      Shuffle forward, left, right, left

## SIDE, TOGETHER, RIGHT CHASSE, REVERSE PIVOT ½ TURN LEFT, RIGHT CHASSE

1-2      Step right to right, step left beside right  
3&4      Step right to right, step left beside right, step right to right  
5-6      Point left backward, making ½ turn left while transferring weight onto left (facing 12:00)  
7&8      Step right to right, step left beside right, step right to right

## BACK ROCK, RECOVER, SHUFFLE FORWARD, PADDLE WITH ¼ TURN LEFT (TWICE)

1-2      Rock back on left, recover weight onto right  
3&4      Shuffle forward, left, right, left  
5-6      Step forward on right, recover weight onto left and ¼ turn left (facing 9:00)  
7-8      Step forward on right, recover weight onto left and ¼ turn left (facing 6:00)

## ROCK ½ TURN LEFT, RECOVER ½ RIGHT, RIGHT CHASSE, ROCK ½ TURN RIGHT, RECOVER ½ TURN LEFT, LEFT CHASSE

1-2      Rock right to right and ½ turn left, recover weight onto left and ½ turn right  
3&4      Step right to right, step left beside right, step right to right  
5-6      Rock left to left and ½ turn right, recover weight onto right and ½ turn left  
7&8      Step left to left, step right beside left, step left to left

## BACK ROCK, RECOVER, ¼ TURN RIGHT SHUFFLE, FULL TURN, SHUFFLE FORWARD

1-2 Rock back on right, recover weight onto left  
3&4 Step right forward and  $\frac{1}{4}$  turn right, step left beside right, step right forward  
5-6 Step back on left and  $\frac{1}{2}$  turn right, step forward on right and  $\frac{1}{2}$  turn right  
7&8 Shuffle forward, left, right, left

## **REPEAT**

## **ENDING**

After end of 7th wall

**TOUCH, FLICK WITH  $\frac{1}{4}$  TURN LEFT, CROSS SHUFFLE, SIDE ROCK, RECOVER, BEHIND, SIDE, FORWARD**

1-2 Touch right beside left, flick right and  $\frac{1}{4}$  turn left (facing 12:00)  
3&4 Cross right over left, step left to left, cross right over left  
5-6 Rock left to left, recover weight onto right  
7&8 Step left behind right, step right to right, step left forward

## **HIP BUMP RIGHT, HIP BUMP LEFT, CHA-CHA ON THE SPOT**

1-2 Rock right to right with hip bump, hold  
& Rock left to left with hip bump  
3-4 Hold  
5-6& Cha-cha on the spot, ending with both knee bending, weight on right, left pointing beside right and head looking skyward  
7-8 Hold

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