

Make You Sweat

COPPER **NOB**
BY STEPHEN

拍数: 32 墙数: 4 级数: Improver social cha
编舞者: Kash Bane (UK)
音乐: Rock This Party (Everybody Dance Now) (feat. Dollar Man, Big Ali & Makedah) -
Bob Sinclar & Cutee B.



CROSS ROCK, CHA-CHA, CROSS ROCK, CHA-CHA

1-2 Rock right foot across left, recover onto left foot
3&4 Step right, left, right, in place
5-6 Rock left foot across right foot, recover onto right foot
7&8 Step left, right, left in place

ROCKING CHAIR, SHUFFLES

1-2 Rock forward on right foot, recover onto left foot
3-4 Rock back onto right foot, recover onto left foot (alternatively you can substitute counts 3-4 by stepping right behind left and fully unwinding)
5&6 Step right foot forward, close left foot at right, step right foot forward
7&8 Step left foot forward, close right at left, step left foot forward

MODIFIED CHASSE AND STOMP COMBOS

1-2 Step right to right side, hold
&3-4 Step left next to right, step right to right side, stomp left foot next to right
5-6 Step right to right side, hold
&7-8 Step left next to right, step right to right side, stomp left foot next to right

SIDE ROCK, ¾ UNWIND, JAZZ JUMPS WITH CLAPS

1-2 Rock right to right side, recover onto left foot
3-4 Step right behind left, unwind to make a ¾ turn right
&5-6 Jump forward onto right foot and step left next to right, clap hands
&7-8 Jump back onto right foot and step left next to right, clap hands

REPEAT
