

Make Me Move

COPPERKNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Intermediate
编舞者: Louis van Hattem (NL) & Gerda Klein (NL)
音乐: Faded - Soul Decision



Position: Weight on left foot, right foot pointed side right

½ TURN RIGHT, STEP TOGETHER, SIDE STEP, HIP WALK, STEP FORWARD, PIVOT ½ TURN LEFT, ½ TURN LEFT, STEP TOGETHER

1 ½ turn right
& Right foot step together
2 Left foot side step
3 Right foot touch toes diagonal forward, hip bump forward
& Hip bump back
4 Right foot diagonal step forward
5 Left foot step forward
6 Right foot step forward
7 ½ turn left
8 ½ turn left, right foot step together

KICK, CROSS, SIDE ROCK, KICK, CROSS, SIDE ROCK, CROSS, HOLD, UNWIND 1½ AND CROSS

9 Left foot kick forward
& Left foot cross over right foot
10 Right foot side rock right
& Left foot recover
11 Right foot kick forward
& Right foot cross over left foot
12 Left foot side rock left
& Right foot recover
t
13 Left foot cross over right foot
14 Hold
15-16 1 ½ turn right

Weight ends on left foot with right foot crossed in front of left foot

LOCK STEP, STEP FORWARD, ½ TURN RIGHT, KICK BALL STEP, PADDLE TURN ¼ LEFT, PADDLE TURN ¼ LEFT

17 Right foot step forward
& Left foot lock behind
18 Right foot step forward
19 Left foot step forward
20 ½ turn right (weight ends on left foot)

21 Right foot kick forward
& Right foot step together on ball of foot
22 Left foot step forward
& ¼ turn left, right foot hitch
23 Right foot point side right
& ¼ turn left, right foot hitch
24 Right foot point side right

SIDE STEP, 1 ½ TURN RIGHT, MAMBO, OUT-OUT, FULL TURN RIGHT, POINT

- 25 Right foot side step right
26 1 ½ turn right, left foot hitch with foot in the hollow of the right knee
27 Left foot side rock left
& Right foot recover
28 Left foot step together
- 29 Right foot step diagonal forward
30 Left foot step diagonal forward
31 ½ Turn right, right foot step forward
& ½ Turn right, left foot step together
32 Right foot point side right

REPEAT
