

Mail Myself To Mexico

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 4 级数: Improver
编舞者: Barry Amato (USA)
音乐: Mail Myself To Mexico - Michael Mason



RIGHT HEEL DIG WITH FAN, STEP, HOLD, LEFT HEEL DIG WITH FAN, STEP, HOLD

- 1 Dig right heel diagonally forward left fanning toe from left to right
- 2 Take weight back onto left in place after fanning toe
- 3-4 Step right beside left, hold
- 5 Dig left heel diagonally forward right fanning toe from right to left
- 6 Take weight back onto right in place after fanning toe
- 7-8 Step left beside right, hold

RIGHT LOCK STEP, ½ TURN RIGHT, LEFT LOCK STEP, ½ TURN LEFT

- 1-2 Step forward right, lock left behind right
- 3 Step forward right
- 4 Make ½ turn right on ball of right, tucking left behind right heel
- 5-6 Step forward left, lock right behind left
- 7 Step forward left
- 8 Make ½ turn left on ball of left, tucking right behind left heel

FORWARD ROCK, SWEEP STEP, CROSS, BACK, FULL TURN LEFT

- 1-2 Rock forward on right, rock back onto left
- 3-4 Sweep right out and around behind left, step onto right behind left
- 5-6 Cross step left over right, step back onto right
- 7 Step left ¼ turn left to start full turn
- 8 On ball of left make ¾ turn left stepping onto right

Option

- 7-8 Step left to left side then cross right over left

EXTENDED GRAPEVINE LEFT, SWEEP CROSS, ¼ TURN LEFT, ½ TURN LEFT

- 1-2 Step left to left side, cross right behind left
- 3-4 Step left to left side, cross right over left
- 5-6 Sweep left out and around to front, cross step left over right
- 7 Make ¼ turn left stepping back onto right
- 8 Make ½ turn left stepping forward onto left (finish facing 3:00)

REPEAT
