

Mack The Knife

拍数: 64 墙数: 4 级数: Beginner
编舞者: Rachael McEnaney (USA)
音乐: Mack the Knife - The Brian Setzer Orchestra



WALKS FORWARD, CHARLESTON STEP, RIGHT LOCK STEP

1-2 Walk forward right, hold
3-4 Walk forward left, hold
5-6 Touch right toe forward, hold
7-8 Step back on right, hold
9-10 Touch left toe back, hold
11-12 Step forward on left, hold
13-14 Step right foot forward, lock left foot behind right
15-16 Step right foot forward, hold

On the first six counts to add some styling, as you walk forward and do the touches try and do it on a straight line as if walking on a tight rope,

RUMBA BOX, LEFT SIDE CHASSE, CROSS ROCK STEP

17-18 Step left foot to left side, step right foot next to left
19-20 Step left foot forward, hold
21-22 Step right foot to right side, step left foot next to right
23-24 Step right foot back, hold
25-28 Step left foot to left, step right foot next to left, step left foot to left, hold
29-30 Cross rock right foot over left, replace weight onto left foot
31-32 Step right foot to right side, hold

TOE STRUTS, CROSS ROCK STEP, TOE STRUTS, CROSS ROCK ¼ TURN RIGHT

33-34 Cross left toe over right, drop left heel to floor
35-36 Step right toe to right side, drop right heel to floor
37-38 Cross rock left foot over right, replace weight onto right foot
39-40 Step left foot to left side, hold
41-42 Cross right toe over left, drop right heel to floor
43-44 Step left toe to left side, drop left heel to floor
45-46 Cross rock right foot over left, replace weight onto left foot
47-48 Make ¼ turn to the right as you step right foot forward, hold

LEFT LOCK FORWARD, RIGHT MAMBO, LEFT LOCK BACK, TURN HITCH & CLAP TWICE

49-50 Step left foot forward, lock right foot behind left
51-52 Step left foot forward, hold
53-54 Rock right foot forward, replace weight onto left foot
55-56 Step right foot next to left, hold
57-58 Step left foot back, lock right foot over left
59-60 Step left foot back, hitch right knee and clap hands
61-62 Step back on right foot making ½ turn to the right, hitch left knee and clap hands
63-64 Step forward on left foot making ½ turn to the right, hitch right knee and clap hands

REPEAT