

# "M" Bones

拍数: 32      墙数: 4      级数: Improver west coast swing  
编舞者: Tommy Bailey (USA)  
音乐: Drinkin' Bone - Tracy Byrd



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## KICK BALL CHANGE, FORWARD ROCK STEP, COASTER STEP

1&2-4      Kick right foot forward, & step on ball of right foot, change weight to left, step right foot forward rock, step back on left  
5-8      Step back on right, step together with left, step forward on right (hold one beat), clap, clap

## KICK BALL CHANGE, FORWARD ROCK STEP, ½ PIVOT, HIP BUMPS

9&10-12      Kick left foot forward, & step on ball of left foot, change weight to right, step left foot forward rock  
13&14      Step left to left side, step right next to left, step left to left side  
15&16      Touch right toe forward & bump right hip forward & forward &

## SHUFFLE FORWARD RIGHT, ½ PIVOT RIGHT, SIDE SHUFFLE

17&18-20      Shuffle forward right-left-right, pivot step ½ turn right  
21&22-24      Side shuffle left-right-left, step right foot back ¼ turn right, touch left toe next right toe

## SHUFFLE FORWARD, FULL TURN, JAZZ BOX

25&26-28      Shuffle forward left-right-left, roll forward 1 full turn to left, step right over left turning ½ turn left, step back on left foot turning ½ turn to left completing turn  
29-32      Right jazz box right-left-right-left (end dance with weight on left)

**REPEAT**

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