

M & M Cha Cha

拍数: 48 墙数: 2 级数: Improver straight rhythm
编舞者: Millie Scheel
音乐: Something Stupid - The Mavericks, Raul Malo & Trisha Yearwood



STEP TOGETHER, STEP, TOUCH - LEFT & RIGHT

1-2 Step left forward (at an angle), step right together, step left forward, touch right next to left
5-8 Step right forward (at an angle), step left together, step right forward, touch left next to right

BOX STEP

1-4 Step left forward, hold, step right to right side, step left next to right
5-8 Step right back, hold, step left to left side, touch right next to left

TURNING VINE, RIGHT & LEFT

1-4 Turn $\frac{1}{4}$ to right, turn $\frac{1}{4}$ to right, turn $\frac{1}{2}$ to right, kick left forward, crossing right
5-8 Turn $\frac{1}{4}$ to left, turn $\frac{1}{4}$ to left, turn $\frac{1}{2}$ to left, kick right forward crossing left

WALK FORWARD, TOUCH, WALK BACK, TOUCH

1-4 Walk forward right, walk forward left, walk forward right, touch left to left side
5-8 Walk back left, walk back right, walk back left, touch right to right side

STEP LOCK, STEP TOUCH - RIGHT & LEFT

1-4 Step right forward, lock left behind right, step right forward, touch left next to right
5-8 Step left forward, lock right behind left, step left forward, touch right next to left

TURN $\frac{1}{2}$ TURN LEFT, ROLLING HIPS, BUMP HIPS LEFT-RIGHT-LEFT-RIGHT

1-4 Step right forward, turn $\frac{1}{4}$ left, step forward right, turn $\frac{1}{4}$ left keeping weight on right
5-8 Bump left, bump right, bump left, bump right

REPEAT
