

Lyndell Cha

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 1 级数: Beginner
编舞者: Connie Peterson (USA)
音乐: Off to See the Lizard - Jimmy Buffett



ROCK STEP CHA, ROCK STEP CHA

1-2 Rock forward on left, recover on right
3&4 Cha back left, right, left
5-6 Rock back on right, recover on the left
7&8 Cha forward, right, left, right (5th position, toe, heel, toe, heel)

LEFT SIDE ROCK STEP AND SHUFFLE, RIGHT SIDE ROCK STEP AND SHUFFLE

1-2 Rock to left side, recover on to the right foot
3&4 Shuffle left, right, left
5-6 Rock to the right side, recover on the left foot
7&8 Shuffle right, left, right

½ PIVOT TURN TO THE RIGHT, CHA FORWARD, ½ PIVOT TURN TO THE LEFT CHA FORWARD

1-2 Step forward on left, pivot ½ turn to right with right foot taking weight
3&4 Cha forward left, right, left
5-6 Step forward on right, pivot ½ turn to the left, taking weight on the left
7&8 Cha forward right, left, right

LEFT SIDE ROCK STEP AND SHUFFLE, RIGHT SIDE ROCK STEP AND SHUFFLE

1-2 Rock left foot to left side, recover on the right foot
3&4 Shuffle left, right, left
5-6 Rock right foot to right side, recover on the left foot
7&8 Shuffle right, left, right

REPEAT
