

Lunatic Cowboy

COPPER KNOB
STEPSHEETS

拍数: 38 墙数: 4 级数:
编舞者: Paula Ehemann & John Leuthold
音乐: Don't Stop - Wade Hayes



TOUCH FORWARD, TOUCH BACK, ¼ TURN LEFT

1-2 Touch left heel forward, touch left toe back
3-4 Turn ¼ left on both feet, close right foot beside left

TOUCH FORWARD, TOUCH BACK, ¼ TURN RIGHT

5-6 Touch right heel forward, touch right toe back
7-8 Turn ¼ right on both feet, close left foot beside right

SWIVETS, APPLE JACK STEPS

9-10 Taking weight on left heel and right toe: twist both toes to the left and then back to center
11-12 Change weight to right heel and left toe: twist both toes to the right and then back to center
13-14 Taking weight on left heel and right toe: swivel left toe and right heel to left and then back to center
15-16 Change weight to right heel and left toe: swivel right toe and left heel to right and then back to center

TOUCH FORWARD, HOOK, STEP, TOUCH, ¼ TURN RIGHT, TOUCH

17-18 Touch right heel forward, hook right heel below left knee
19-20 Step forward on right, touch left beside right
21-22 Step back on left, touch right beside left
23-24 Step ¼ turn to right on right foot, touch left beside right

STEP ¼ TURN LEFT, TOUCH, 1-¼ TURN RIGHT

25-26 Step ¼ turn left on left foot, touch right beside left
27-30 Turn 1-¼ to right (step right, left, right, close left beside right)

JUMP, CROSS, ANKLE BREAK, JUMP, CROSS, UNWIND

31-32 Jump landing with feet apart, jump again crossing right ankle over left
33-34 Rock ankles once to the left and once to the right
35-36 Jump landing with feet apart, jump again crossing right over left
37-38 Unwind ½ turn to left, close right foot next to left

REPEAT
