

编舞者: Joachim Armbruster (DE) 音乐: Lucky - Britney Spears



FOOT-SLIDE, SHUFFLE, TOE SWITCHES, ½ TURN

1&2 Slide right behind left, step right behind left (5th position), touch left toe in front of right

3&4 Step left forward, step right next to left (&), step left forward

5&6&7&8 Touch right toe to right, step right next to left, touch toe left to left, step left next to right, touch

right toe to right, touch right toe next to left, turn ½ turn to the right and change weight

FOOT-SLIDE, SHUFFLE, TOE SWITCHES, ½ TURN

Slide left behind right, step left behind right (5th position), touch right toe in front of left

3&4 Step right forward, step left next to right, step right forward

Touch left toe to left, step left next to right, touch toe right to right, step right next to left, touch

left toe to left, touch left toe next to right, turn ½ turn to the left and change weight

ROCK, LIFT, HOOK, FLICK, STEP, MAMBO, TURN

1&2&3&4 Step right forward, jump back on left and sweep right behind left (&2), step right behind left

(5th position), hook left in front of right, jump on left and flick right, step right forward

5&6&7-8 Step left forward, transfer weight back on right, step left back, cross right in front of left, full

turn to the left (weight on left) (7-8)

GRAPEVINE ROCK STEP, CROSS TURN, SHUFFLE

1-2&3-4 Step right to right, cross left behind right, step right to right, step left forward, transfer weight

back on right

&5-6-7&8 Step left back, cross right in front of left, 1 1/4 turn to the left, step left forward, step right next

to left, step left forward

REPEAT