

Low Tide

COPPER KNOB
STEPSHEETS

拍数: 32 墙数: 2 级数: Beginner
编舞者: Pauline Mason (UK)
音乐: The Tide Is High - Atomic Kitten



SIDE CLOSE CHASSE TO RIGHT, SIDE CLOSE CHASSE TO LEFT

1 Step right to side
2 Close left to right
3-4 Side right, close left to right, side right
5-8 Repeat 1-4 to left

HIP SWAYS, ROCK BACK, ½ PIVOT TURN TO LEFT

9-12 Sway hips right, left, right, left
13 Step back on right
14 Replace weight forward onto left
15 Step forward right
16 ½ pivot turn to left (weight ending on left foot)

ROCK STEP, COASTER STEP TWICE

17 Step forward on right
18 Replace back onto left
19&20 Coaster back right
21-24 Repeat 1-4 on left foot

2 SIDE TOUCHES WITH CLICKS, 2 X ½ PIVOTS TO LEFT

25 Step right to side, dipping knees
26 Point left foot out to left side (click fingers)
27-28 Repeat 24-25 stepping left to side
29 Step forward right foot
30 ½ pivot to left
31 Step forward left foot
32 ½ pivot to right

REPEAT

For an intermediate/advanced version dance to the same music, try High Tide!
