Loving Feelings



编舞者: Joy Dawson (NZ)

音乐: Whole Again - Atomic Kitten



ROCK, RECOVER, SIDE SHUFFLE, ROCK, RECOVER, SYNCOPATED GRAPEVINE

1-2	Step right foot behind left and rock, recover back onto left foot in place

3-4 Side shuffle to the right (right-left-right)

5-6 Step left foot behind right and rock, recover back onto right foot in place

&7&8 Step left foot to the left, step right foot behind left, step left foot to the left, step right foot

across in front of left

ROCK, RECOVER, 1/4 TURN & SHUFFLE BACK, FULL TURN, COASTER STEP

&9-10	Step left foot to the left, step right foot behind left and rock, recover back onto left foot in place
11-12	Turn ¼ turn to the left and shuffle back (right-left-right)
13-14	Turn $\frac{1}{2}$ turn to the left and step forward onto left foot, turn $\frac{1}{2}$ turn to the left and step back onto right foot

Step back onto left foot, step right foot beside left, step forward onto left foot

STEP, SWAY & SHUFFLE RIGHT & LEFT

17-18	Step right foot forward 45 degrees and sway forward and back (weight is now on left foot)
19-20	Shuffle forward on 45 degree angle (right-left-right)
21-22	Step left foot forward 45 degrees and sway forward and back (weight is now on right foot)
23-24	Shuffle forward on 45 degree angle (left-right-left)

TAP BEHIND, STEP BACK & HEEL TWICE, 1/4 TURN, 1/2 TURN, SWAY

TAP DETIND, STEP BACK & HELL TWICE, /4 TOKIN, /2 TOKIN, SWAT		
25&26	Tap right toe directly behind left heel, step back 45 degrees on right foot and touch left heel forward 45 degrees	
&27&28	Step left foot in place, tap right toe directly behind left heel, step back 45 degrees on right foot and touch left heel forward 45 degrees	
&	Step left foot forward while turning ¼ turn to the right	
29-30	Touch right toe directly behind left heel and on the ball of both feet turn ½ turn to the right ending with weight on left foot (you have done a ¾ turn to the right and will now be facing the opposite wall to where you started the dance)	
31-32	Step right foot to the right side and sway to the right and back to the left. (finish with weight on left foot)	

REPEAT

15-16

FINISH

Finish dance on beat 10, step right foot to the right side and sway right, left