

Lovely Cha Cha

COPPER KNOB
STEPSHEETS

拍数: 0 墙数: 0 级数:
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音乐: Qian Si Wan Lv Qing - Fei Yu Qing



Sequence: AAB, AAAAB, AB, A& ENDING
Similarity to "It's So Amazing" by Joey Prieur is considerable.

PART A

ROCK BACK, RECOVER, SHUFFLE FORWARD, ROCK FORWARD, RECOVER, SHUFFLE BACKWARD

1-2 Rock back on right, recover on left
3&4 Right shuffle forward (right-left-right)
5-6 Rock forward on left, recover on right
7&8 Left shuffle backward (left-right-left)

ROCK BACK WITH ¼ RIGHT TURN, RECOVER, SHUFFLE FORWARD, ROCK FORWARD, RECOVER, SHUFFLE BACKWARD

1-2 Rock back on right with ¼ turn right, recover on left
3&4 Right shuffle forward (right-left-right)
5-6 Rock forward on left, recover on right
7&8 Left shuffle backward (left-right-left)

SIDE ROCK, RECOVER, CROSS SHUFFLE, PIVOT ½ TURN, SHUFFLE FORWARD

1-2 Rock right to right, recover on left
3&4 Cross right over left, step left to left, cross right over left
5-6 Step forward on left & make ½ turn right, step forward on right
7&8 Left shuffle forward (left-right-left)

SIDE ROCK, RECOVER, CROSS SHUFFLE, ROCK FORWARD, RECOVER WITH ¼ TURN LEFT, LEFT CHASSE

1-2 Rock right to right, recover on left
3&4 Cross right over left, step left to left, cross right over left
5-6 Rock forward on left, recover on right with ¼ turn left
7&8 Step left to left, step right beside left, step left to left

PART B

CROSS WALK FORWARD

1 Step forward on right (cross over left)
2 Step forward on left (cross over right)
3 Step forward on right (cross over left)
4 Step forward on left (cross over right)

SHUFFLE FORWARD (TWICE), SHUFFLE BACKWARD (TWICE)

1&2 Right shuffle diagonally right forward (right-left-right)
3&4 Left shuffle diagonally left forward (left-right-left)
5&6 Right shuffle diagonally right backward (right-left-right)
7&8 Left shuffle diagonally left backward (left-right-left)

SIDE ROCK, RECOVER, TRIPLE STEP (TWICE)

1-2 Rock right to right, recover on left
3&4 Triple step in place, stepping right, left, right
5-6 Rock left to left, recover on right

7&8 Triple step in place, stepping left, right, left

SIDE ROCK, STEP BEHIND, TRIPLE STEP (TWICE)

1-2 Step right to right, step left behind right (weight on left but standing on ball)
3&4 Triple step in place, stepping right, left, right
5-6 Step left to left, step right behind left (weight on right but standing on ball)
7&8 Triple step in place, stepping left, right, left

ROCK FORWARD, RECOVER WITH ½ TURN RIGHT, SHUFFLE FORWARD, PADDLE WITH ¼ TURN RIGHT (TWICE)

1-2 Rock forward on right, recover on left with ½ turn right
3&4 Right shuffle forward (right-left-right)
5-6 Step forward on left, recover weight on right with ¼ turn right
7-8 Step forward on left, recover weight on right with ¼ turn right

HIP SWAY WITH HAND MOVEMENT

1 Hip sway to right, weight on right (touch left shoulder with right palm and hold)
2 Hip sway to left, weight on left (touch right shoulder with left palm, over the right arm)
3 Hip sway to right, weight on right (touch left hip with right palm and hold)
4 Hip sway to left, weight on left (touch left hip with left palm)

ENDING

ROCK BACK, RECOVER, SHUFFLE FORWARD, ROCK FORWARD, RECOVER, SHUFFLE BACKWARD

1-2 Rock back on right, recover on left
3&4 Right shuffle forward (right-left-right)
5-6 Rock forward on left, recover on right
7&8 Left shuffle backward (left-right-left)

ROCK BACK WITH ¼ RIGHT TURN, RECOVER, SHUFFLE FORWARD, ROCK FORWARD, RECOVER WITH ¼ TURN LEFT, LEFT CHASSE

1-2 Rock back on right with ¼ turn right, recover on left
3&4 Right shuffle forward (right-left-right)
5-6 Rock forward on left, recover on right with ¼ turn left
7&8 Step left to left, step right beside left, step left to left

ENDING POSITION

1 Weight on left, touch left shoulder with right palm
& Touch right shoulder with left palm
2 Straighten right arm pointing toward right, and left arm upward (left shape)
