

Love You Better

COPPER KNOB
BY STEPHEN

拍数: 48 墙数: 4 级数: Intermediate
编舞者: Phil Neale (UK)
音乐: I Can Love You Better - The Chicks



WALK FORWARD, RIGHT SHUFFLE, ½ TURN, LEFT SHUFFLE BACK

1-2 Walk forward right, left
3&4 Right shuffle forward-right, left, right
5-6 On ball of right foot pivot ½ turn right stepping back on to left foot, walk back right
7&8 Left shuffle back-left, right, left

CROSS RIGHT, RIGHT HEEL BALL CROSS, SIDE RIGHT, LEFT BEHIND, ¼ TURN RIGHT SHUFFLE

9-10 Cross right foot in front of left, step left foot next to right
11&12 Place right heel forward, step right foot next to left, cross left foot over right
13-14 Step right foot to right side, cross left foot behind right
15&16 Step right foot to right side making ¼ turn right shuffling-right, left, right

WALK FORWARD, ROCK LEFT & CROSS OVER RIGHT, SIDE RIGHT, LEFT BEHIND, ROCK RIGHT & CROSS OVER LEFT

17-18 Walk forward left, right
19&20 Rock left foot to left side, replace weight on to right foot, cross left foot over right
21-22 Step right foot to right side, cross left foot behind right
23&24 Rock right foot to right side, replace weight on to left foot, cross right foot over left

SIDE LEFT, RIGHT BEHIND, ¼ TURN LEFT SHUFFLE, ¼ TURN LEFT, RIGHT KICK BALL CHANGE

25-26 Step left foot to left side, cross right foot behind left
27&28 Step left foot to left side making ¼ turn left shuffling-left, right, left
29-30 Step forward right foot pivot ¼ turn left, transfer the weight to the left foot
31&32 Kick right foot forward, step right foot back in place next to left, change weight to left foot

RIGHT SAILOR SHUFFLE, LEFT SAILOR SHUFFLE, RIGHT BEHIND, UNWIND ½ RIGHT, RIGHT KICK BALL CHANGE

33&34 Cross right foot behind left, step left foot to left side, step right foot to right side
35&36 Cross left foot behind right, step right foot to right side, step left foot to left side
37-38 Cross right foot behind left, unwind ½ turn right keeping weight on left foot
39&40 Kick right foot forward, step right foot next to left, replace weight on to left foot

RIGHT SAILOR SHUFFLE, LEFT SAILOR SHUFFLE, ¼ PADDLE TURN LEFT, ¼ PADDLE TURN LEFT

41&42 Cross right foot behind left, step left foot to left side, step right foot to right side
43&44 Cross left foot behind right, step right foot to right side, step left foot to left side
45-46 Step forward onto right foot, pivot ¼ turn left placing weight onto left foot
47-48 Step forward onto right foot, pivot ¼ turn left placing weight onto left foot

On steps 45-48 roll the hips as you make the turns

REPEAT