

拍数: 44

级数: Improver west coast swing



音乐: Love You - Jack Ingram

STOMP, HOLD, WALK, WALK, STOMP HOLD, WALK, WALK

墙数:2

- 1-4 Stomp right foot forward, hold, walk left, right
- 5-8 Stomp left foot forward, hold, walk right, left

SHUFFLE SIDE ¼ TURN, STEP, TURN, SHUFFLE FORWARD, ROCK, RECOVER

- 1-4 Shuffle to right, side right, left, right, turning ¼ turn right, step left foot forward, pivot ½ turn right
- 5-8 Shuffle forward left, right, left, rock forward on right, rock back on left

BACK WITH TOE HEEL STRUTS

- 1-4 Touch right toe back, drop right heel placing weight on right, touch left toe back, drop left heel placing weight on left foot
- 5-8 Repeat above 8 counts

RIGHT & LEFT SAILOR SHUFFLES, JAZZ BOX WITH ¼ TURN RIGHT

- 1&2 Step right foot behind left, step left to left side, step right next to left
- 3&4 Step left foot behind right, step right to right side, step left next to right
- 5-8 Cross right foot over left, step back on left, step right to right side with 1/4 turn right, step left next to right

FORWARD 3 STEPS, KICK, BACK, BACK, COASTER STEP

- 1-4 Walk forward right, left, right kick left forward
- 5-6 Walk back left, right
- 7&8 Step back on left, step right next to left, step left forward

STEP, HOLD, TURN, HOLD

1-4 Step right foot forward, hold a count, pivot ½ turn left, hold a count (weight on left)

REPEAT

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After 4th repetition add these 12 counts, then start dance over

RIGHT VINE CROSS KICK, LEFT VINE CROSS KICK, SIDE, KICK, SIDE, KICK

1-4 Step right to right side, step left behind right, step right to right side, kick left across right

5-8 Step left to left side, step right behind left, step left to left side, kick right across left

9-12 Step right to right side, kick left across right, step left to left side kick right across left

For more fun try this dance contra line style, start with 2 lines face to face about 2 steps apart

