Love Train



编舞者: Jill Boxtel (AUS)

音乐: Love Train - Big & Rich



THE MAIN DANCE

RIGHT SAILOR, LEFT SAILOR, SIDE BEHIND SIDE, JUMP 1/2 TURN RIGHT

Step right behind left, step left to left side, step right in place
Step left behind right, step right to right side, step left in place
Step right to right side, step left behind right, step right to right side

8 Jump to make a ½ turn right, landing feet together, toes pointing to right diagonal

TWIST TOES, TWIST HEELS, RIGHT SAILOR, LEFT SAILOR, OUT, REPLACE, SCUFF

1-2 Twist toes left so toes face left diagonal, twist heels left so toes face right diagonal

3&4 Step right behind left, step left to left side, step right in place (turning back to the front during

this sailor step)

Step left behind right, step right to right side, step left in place 87-8 Step right to right side, step left in place, scuff right over left

BOX SQUARE, SLIDE TOGETHER, STEP HITCH AND TURN

1-2-3-4 Step right down over left, replace left, step right to right side, facing the right diagonal, step

left beside right

5-6 Bend knees and slide right foot forward, step left up beside right, straightening knees 7-8 Step right forward, hitch left knee and turn on right foot to face left diagonal with a clap

SLIDE TOGETHER, STEP HITCH, BOX SQUARE

1-2 Bend knees and slide left foot forward, step right up beside left, straightening knees

3-4 Step left forward, hitch right knee and clap

5-6-7-8 Step right down in front of left, step left back, facing the front, step right to right side, step left

in place

STOMP, KICK, BALL-STEP, SIDE, BEHIND, SIDE, CROSS UNWIND 1/2 TURN, DROP HEELS

1-2&3-4 Stomp right in place, kick left leg to left diagonal, step left behind right, step right in place,

step left to left side

5-6-7 Step right behind left, step left to left side, cross right over left & unwind ½ turn left on toes

8 Drop heels, weight on left

STOMP, KICK, BALL-STEP, SIDE, BEHIND, SIDE, CROSS UNWIND 1/2 TURN, DROP HEELS

1-2&3-4 Stomp right in place, kick left leg to left diagonal, step left behind right, step right in place,

step left to left side

5-6-7 Step right behind left, step left to left side, cross right over left & unwind ½ turn left on toes

8 Drop heels, weight on left

REPEAT

THE CHORUS

TRAIN STEP, TRAIN STEP, (OPTIONAL ARM MOVEMENTS) STEP SCUFF, STEP SCUFF

Step right forward, step left in place, step right back beside left, step left in place

Step right forward, step left in place, step right back beside left, step left in place

Step right forward, scuff left forward, step down on left, scuff right forward

Optional arm movements to simulate train wheel pistons: clench fists, arms close to body, forearms out parallel to the floor:

STEP AND SWAY, SWAY, SWAY, RIGHT SAILOR, LEFT SAILOR

1-2-3-4	Step right to right side and sway right, sway left, sway right, sway left (weight on left foot)
1 2 0 7	Olop right to right side and sway right, sway lott, sway right, sway lott (weight on lott root)

5&6 Step right behind left, step left to left side, step right in place 7&8 Step left behind right, step right to right side, step left in place

17-32 Repeat counts 1-16

TRAIN STEP, TRAIN STEP, SIDE, REPLACE, SAILOR STEP WITH 1/4 TURN LEFT

1&2&	Step right forward, step left in place, step right back beside left, step left in place
3&4&	Step right forward, step left in place, step right back beside left, step left in place

5-6-7&8 Step right to right side, replace left, step right behind left, make a ¼ turn left and step left to

left side, step right in place

TRAIN STEP, TRAIN STEP, SIDE, REPLACE, SAILOR STEP WITH 1/4 TURN LEFT

1&2&	Step left forward, step right in place, step left back beside right, step right in place
3&4&	Step left forward, step right in place, step left back beside right, step right in place

5-6-7&8 Step left to left side, replace right, step left behind right, make a 1/4 turn left and step right to

right side, step left in place

49-64 Repeat counts 33-48

TAG

After wall 1 dance the following 16 count tag and restart dance at new wall

1-2&3-4	Step right to right side, step left behind right, step right to right side, step left in front of right,
	step right to right side

5-6-7&8 Step left behind right, replace right, kick left leg to left diagonal, step left behind right, replace right

9-10&11-12 Step left to left side, step right behind left, step left to left side, step right in front of left, step left to left side

13-14-15&16 Step right behind left, replace left, kick right leg to right diagonal, step right beside left, replace left

After wall 2 dance the following 32 count tag and restart the dance at the new wall

1-2&3-4	Step right to right side, step left behind right, step right to right side, step left in front of right,
	step right to right side

5-6-7&8 Step left behind right, replace right, kick left leg to left diagonal, step left behind right, replace right

9-10&11-12 Step left to left side, step right behind left, step left to left side, step right in front of left, step left to left side

13-14-15&16 Step right behind left, replace left, kick right leg to right diagonal, step right behind left, replace left

17-18&19-20 Facing the right diagonal, stomp right forward, kick left forward, step left behind right, replace right, stomp left forward

21-22-23&24 Twist heels left, twist heels right, left sailor step, turning to face left diagonal

25-26&27-28 Stomp right forward, kick left forward, step left behind right, replace right, stomp left forward

29-30-31&32 Twist heels left, twist heels right, left sailor step, turning to face the front

After wall 3 dance the 16 count tag above and finish the dance:

1-2 Step right to right side (large step), slowly slide left up beside right