

Love Today

COPPER KNOB
STEPSHEETS

拍数: 32
编舞者: Denis Henley (CAN)
音乐: Love Today - MIKA

墙数: 4

级数: Intermediate hip hop



TAP, KICK, STEP, TOUCH HEEL, HOOK, STEP, TWIST HEELS ¼ TURN, TWIST HEELS ½ TURN, BACK STEP, LOCK, STEP

1-2 Touch right beside left, kick right front
&3 Step right slightly back, touch right heel front
&4 Hitch left in front of right, step left foot forward
5-6 Twist heels on left with ¼ turn right, twist heels on right with ½ turn (weight ends on left)
7&8 Step right foot back, cross left foot in front of right, step right foot back

SWEEP ¼ TURN, SAILOR SHUFFLE, SAILOR SHUFFLE, CROSS ROCK, ROCK SIDE, CROSS ROCK, STEP & SWEEP LEFT FOOT A FRONT TO THE BACK WITH ¼ TURN LEFT

1&2 Left sailor shuffle
3&4 Right sailor shuffle
5&6 Cross rock step left over right foot, recover right foot 6& left side rock, recover on right foot
7&8 Cross rock step left over right foot, recover right foot, step left to the left

CROSS STEP, UNWIND ½ TURN LEFT, SAILOR SHUFFLE ¼ TURN, STEP, DRAG, SCISSOR STEP

1-2 Step right cross over left, unwind ½ turn left
3&4 Sailor shuffle left, right, left ¼ turn left
5-6 Step right back, drag left foot back beside right
7&8 Step right to the right, step left beside right, step right cross over left

SYNCOPATED WEAVE, POINT, CROSS STEP, POINT, CROSS STEP, HEELS OUT, RETURN HEELS

1-2 Step left to the left, step right behind left
&3-4 Step left to the left, step right behind left, point left toe to the left
5-6 Step left cross over right, point right toe to the right
7&8 Step right cross over left, turn both heels out, return both heels (weight ends on left)

REPEAT

TAG

End of 3rd (3:00) and 7th wall (12:00)

STEP, TOUCH, HOLD, STEP, TOUCH

1-2 Step right forward, touch left beside right
3&4 Hold, step left slightly back, touch right toe to the right
