

Love That Reggae

COPPER KNOB
BY STEPSHEETS

拍数: 32 墙数: 4 级数: Intermediate
编舞者: Terri Alexander (USA)
音乐: Love This Reggae Music - Steel Pulse



STEP RIGHT, TOGETHER, RIGHT ROCK & CROSS, TURN ¼ RIGHT, TURN ¼ RIGHT, CROSS, RIGHT ROCK TURN ¼ LEFT STEP

- 1-2 (Pushing off with left) step right to right side, step left beside right
3&4 Rock right to right side, recover left, cross step right over left
&5-6 Turn ¼ right stepping left back, turn ¼ right stepping right to right side, cross step left over right
7&8 Rock right to right side, turn ¼ left recover weight on left, step right forward 3:00

STEP LEFT, TURN ¼ STEP TURN ½ WALK, WALK, MAMBO FORWARD, MAMBO BACK

- 1 Step left (left foot turned to 12:00 wall, right foot & body still facing 3:00 wall)
2&3 Turn ¼ left stepping right forward (12:00), turn ½ left stepping left forward, step right forward
4 Step left forward
5&6 Rock right forward, recover left, step right beside left
7&8 Rock left back, recover right, step left beside right 6:00

STEP RIGHT, CROSS SHUFFLE, STEP RIGHT, KICK & CROSS, STEP LEFT, RIGHT SAILOR

- 1 Step right to right side
2&3 Cross step left over right, step right to right, cross step left over right
&4 Step right to right, kick left diagonally forward left
&5-6 Step left to left, cross step right over left, step left to left
7&8 Step right behind left, step left to left, step right in place

LEFT SAILOR TURN, STEP TURN ½ STEP, SYNCOPATED STEP DRAGS TRAVELING RIGHT

- 1&2 Step left behind right, step right to right, turning ¼ left step forward
3&4 Step right forward, turn ½ left stepping left forward, step right forward
5& (Pushing off with right) step left to left (left foot toward 6:00), drag step right to left (3rd position- left heel to right instep)
6&7& Repeat counts 5& two more times
8 Step left to left 9:00

The push offs & step drags should have some hip motion in them

REPEAT
